



2025 / 2026

catalogue

SUNWAY
UNIVERSITY PRESS



Who We Are

We are at the forefront of groundbreaking research and exciting new ideas. We complement Sunway University's mission in the dissemination of knowledge by turning research findings and exciting ideas into thought-provoking publications for the community—from experts in the field to the general reader.

Vision

We strive to be Asia's torch of knowledge and ignite the love for learning and scholarship through publishing.

Mission

We seek to further Sunway University's mission by publishing and disseminating knowledge from ideas and scholarship at the highest levels of excellence.

Publishing Focus

With a focus on scholarly works and academic text, we aim to make an impact in Malaysia, and eventually the world, one book at a time. We believe that publications of any form, when done right, can enlighten and delight and eventually improve lives.

Though diverse and expansive, our titles are centered in the five core areas of science & technology, business & finance, arts & humanities, hospitality, and education, with sustainability as the common thread across all fields.

A Member of



About the SDG Publishers Compact



Sunway University Press (SUP) is a signatory of the UN Sustainable Development Goals Publishers Compact, an initiative launched in collaboration with the International Publishers' Association to inspire publishers around the world to take action and accelerate progress to achieve the UN Sustainable Development Goals (SDGs) by 2030.

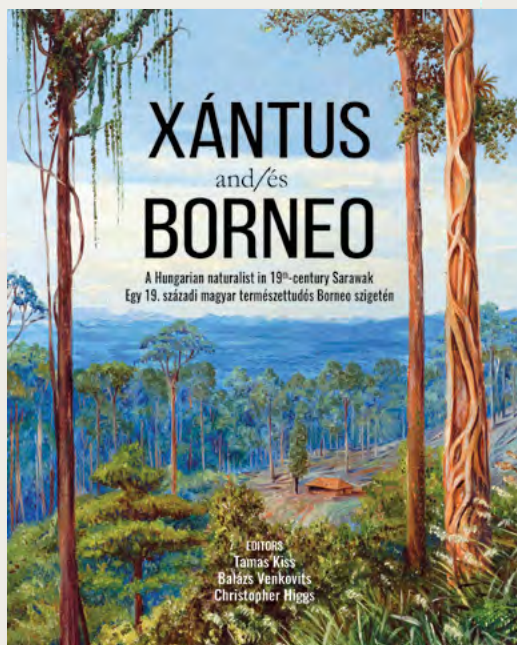
As a member of the Compact, SUP voluntarily commits to the principles of sustainable practices and to publish material that champions the SDGs.



Xántus and/és Borneo

A Hungarian Naturalist in 19th-Century Sarawak

edited by Tamas Kiss, Balázs Venkovits, Christopher Higgs



Hardback (978-629-7646-31-2)
2025

272pp | 205 mm (W) x 255 mm (H)
With full colour illustrations

Readership

Researchers, general public

Subject Area

History, Southeast Asia, Borneo

This book chronicles the extraordinary life of Hungarian adventurer, collector and explorer János Xántus, whose legacy is both captivating and complex.

From fighting for Hungary's independence and escaping prison to discovering new species and assembling a rich assortment of 19th-century Southeast Asian ethnography and natural history, Xántus left an indelible mark on history.

This bilingual Hungarian-English volume offers four of Xántus' writings from his expedition to Sarawak, Borneo in 1870, available in English for the first time. It brings his expedition to life through archival records, personal accounts, and writings, inviting readers to reflect on the ambitions and contradictions of a man whose passion shaped the world around him.

Tamas Kiss is an Associate Professor at Sunway University where he focuses on research in applied linguistics and intercultural communication. A Hungarian by origin, he is passionate about Borneo's history.

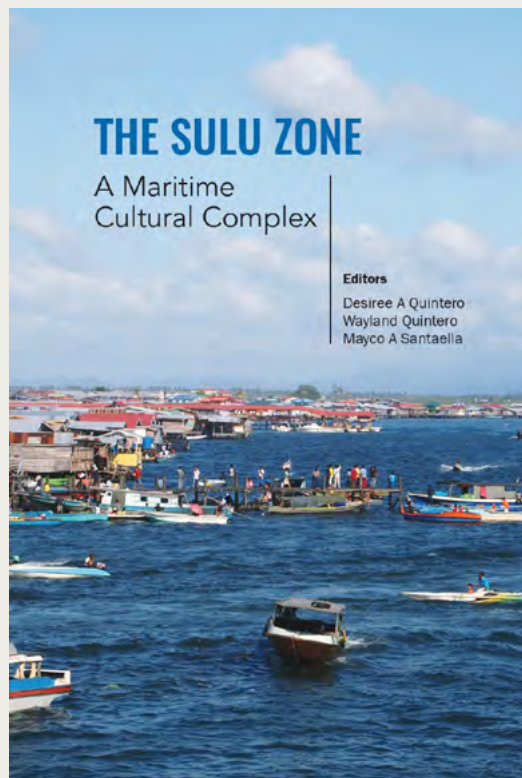
Balázs Venkovits (PhD, Dr. Habil) is an Associate Professor and the Director of the Institute of English and American Studies, University of Debrecen, Hungary. His research primarily focuses on the fields of travel writing and migration studies.

Christopher Higgs is an independent researcher and podcast producer with the Borneo Perantis Co-Research Initiative, where he focuses on investigating Sarawak and Borneo history through primary sources.

The Sulu Zone

A Maritime Cultural Complex

edited by Mayco A Santaella, Desiree A Quintero, Wayland Quintero



Hardback (978-629-7646-08-4)
2024

E-book (978-629-7646-10-7)
2024

376pp | 153 mm (W) x 229 mm (H)

Readership

Educators, music/arts/history enthusiasts

Subject Area

Sulu Zone, music, history, language, traditional arts

This collection of essays explores unique facets which contribute to the identity of the Sulu Zone. With 15 peer-reviewed scholarly essays and an interview with scholar and musical artist Ricardo Trimillos at the end, this book dives into various subjects such as the Sulu Zone's history and formation, its linguistic identity, and traditional forms of art, bringing to the surface a profound perspective for researchers, academics, and readers alike.

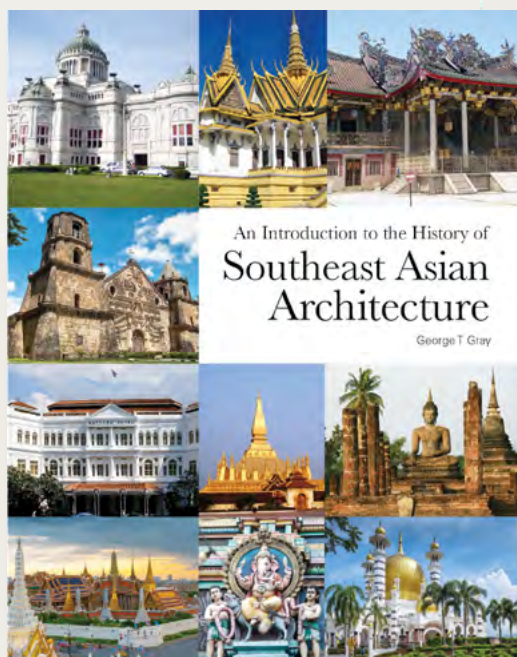
Mayco A Santaella is Associate Professor at the Department of Film and Performing Arts and Dean (International) for the School of Arts, Sunway University, Malaysia. He studied at the University of Hawai'i as an East-West Center Fellow researching music and dance traditions of the extended Sulu Zone (east Malaysia, southern Philippines, and eastern Indonesia) and its links to the Nusantara region. He is the author/co-editor of *Made in Nusantara: Studies in Popular Music* (2021) and *Popular Music in East and Southeast Asia: Sonic (under)Currents and Currencies* (2022).

Desiree A Quintero is a Lecturer at the University of Hawai'i at Mānoa, Department of Theater and Dance. She is a member of the International Council on Traditional Music (ICTM) study group Performing Arts of Southeast Asia, Philippine Folk Dance Society, and a committee member of the Asia Pacific Dance Festival. She has edited articles for various journals including *Borneo Research Journal* and *Malaysian Journal of Music*, has been an editorial committee member for ICTM PASEA proceedings publications, and served as a proof editor for the book *Sounding the Dance, Moving the Music* (Routledge, 2017).

Wayland Quintero is a Lecturer attached with the University of Hawai'i at Hilo and Leeward Community College, and a researcher of performance-as-culture in Philippine and Filipino American communities and in Sabah, Malaysia. Wayland is also co-founder of Ili Dances (2017–present) in Honolulu, Hawai'i and of the Mahalohalo Kolintang Ensemble (2008–2012). He currently serves on the Executive Committee for the International Council on Traditional Music Study Group on Performing Arts of Southeast Asia.

An Introduction to the History of Southeast Asian Architecture

George T Gray



Paperback (978-629-7646-02-2)
2025

E-book (978-629-7646-14-5)
2025

272pp | 200 mm (W) x 253 mm (H)
With full colour photography

Readership

Students, art enthusiasts, general public

Subject Area

History, architecture, Southeast Asia

This book chronicles the centuries-old, storied architectural history of the 11 countries that make up Southeast Asia. The buildings featured in the book tell the fascinating story of each country's development, traced through advancements in technology, materials, styles and the architects and engineers who shaped landmark structures.

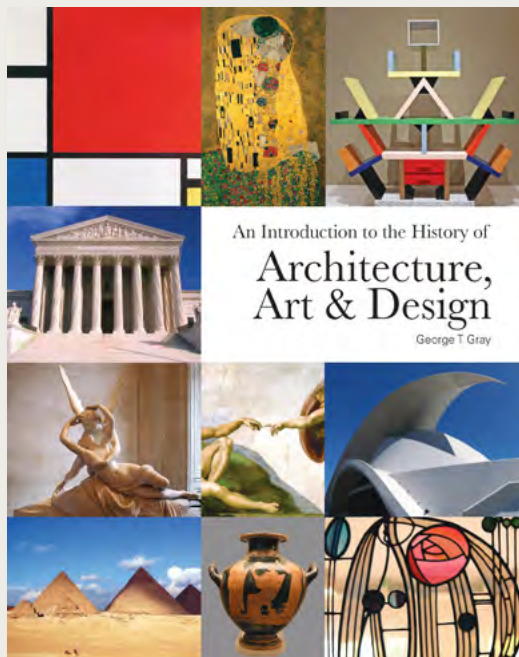
The book brings together the best examples to illustrate the changing times with over 170 colour photographs, sketches, maps and timelines that present facts in a clear and highly accessible way.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.



An Introduction to the History of Architecture, Art & Design

George T Gray



Paperback (978-967-5492-24-2)
2022

E-book (978-967-5492-58-7)
2022

320pp | 200 mm (W) x 253 mm (H)
With full colour illustrations and photography

Readership

Students, art enthusiasts, general public

Subject Area

Art history, architecture, design

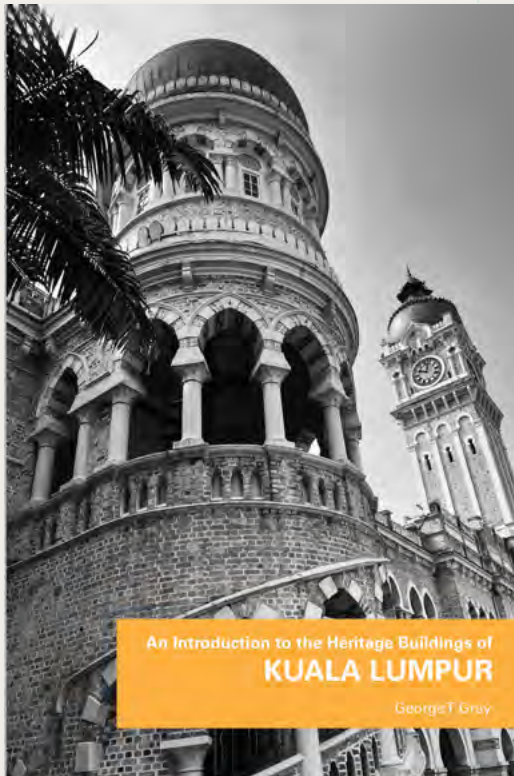
This book provides readers with an introduction to the history of architecture, art and design. It covers major works of architecture, sculpture, paintings, graphic design, furniture and other product designs for each period in art and design history.

Compact with vivid photographs of art, readers will get a better understanding of the evolution of architecture, art and design, starting from the earliest periods of ancient civilisations and the Renaissance to that of the 20th and early 21st centuries.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

An Introduction to the Heritage Buildings of Kuala Lumpur

George T Gray



Paperback (978-629-7646-23-7)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

Architecture, history, Southeast Asia

The cityscape of Kuala Lumpur has evolved rapidly since its founding as a tin-mining town in 1857. From its humble beginnings as a bustling settlement, Kuala Lumpur has transformed into a vibrant metropolis that blends old-world charm with modern sophistication.

Perfect for history enthusiasts, architecture lovers, and curious travellers alike, this book invites you to explore the heritage buildings which define the city's identity and foster a deeper appreciation for the people who shaped Kuala Lumpur.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

An Introduction to the Heritage Buildings of Bangkok

George T Gray



Paperback (978-629-7646-25-1)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

Architecture, history, Southeast Asia

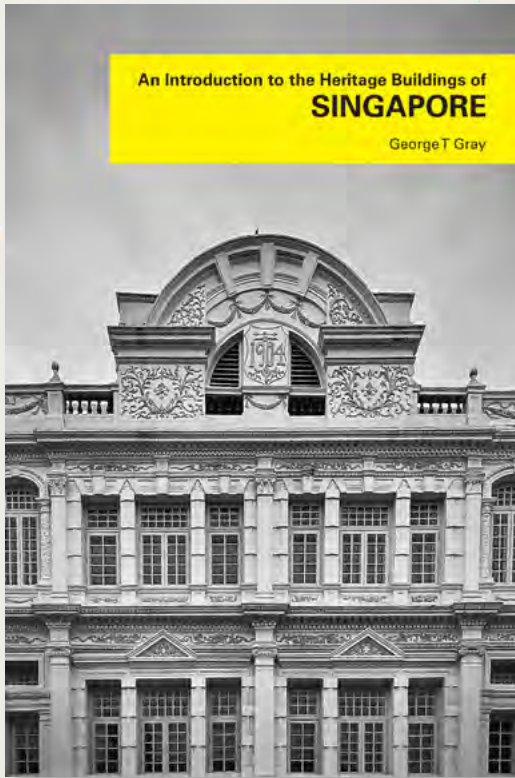
Since becoming Thailand's capital in 1782, Bangkok has grown into a vast metropolis. Amid the busy streets and towering modern skyline is a wealth of historic architectural gems waiting to be explored.

This book is your essential guide to navigating Bangkok through its impressive architectural past. Apart from 30 of the city's landmarks, the book also showcases a map with locations and transport hubs for easy city exploration, notable heritage buildings and the architects behind the structures, and a chronology of the Thai monarchs who shaped the city.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

An Introduction to the Heritage Buildings of Singapore

George T Gray



Paperback (978-629-7646-27-5)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

Architecture, history, Southeast Asia

Many of the districts laid out by Sir Stamford Raffles in the city's first master plan still exist today. As the city of Singapore expanded, so did the need for administrative buildings, places of worship, entertainment venues, and residences, many of which remain outstanding examples of heritage architecture in the region.

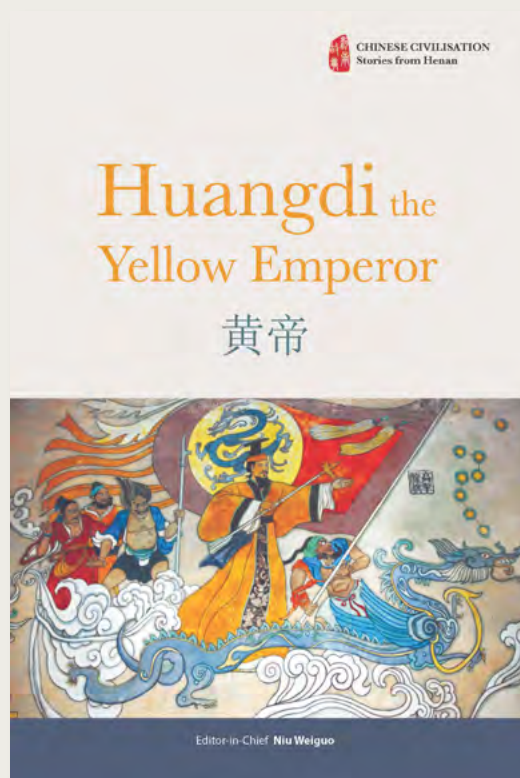
This book unveils the beautiful tapestry of Singapore's architectural heritage. With a detailed map of key heritage sites and transport access, this book will deepen your appreciation for this modern metropolis' architectural legacy and historical treasures.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

Huangdi

The Yellow Emperor

Niu Weiguo



Paperback (978-629-7646-35-0)
2025

152pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

Chinese civilisation, history, culture



CHINESE CIVILISATION
Stories from Henan

This book details the life of Huangdi—often regarded as a founding patriarch of Chinese civilisation—and his governance strategies, cultural impact, and the enduring influence of his ideals and spirit.

“More than 5,000 years ago, Huangdi cultivated virtue and revitalised the army, using the art of battle formation to conquer vassals who did not make offerings. Through the battles of Banquan and Zhuolu, he ended the long-standing strife in ancient China, allowing the ancient society to enter a new era of national history marked by dynasties. Thus, Huangdi became the first founder of the Chinese nation.”

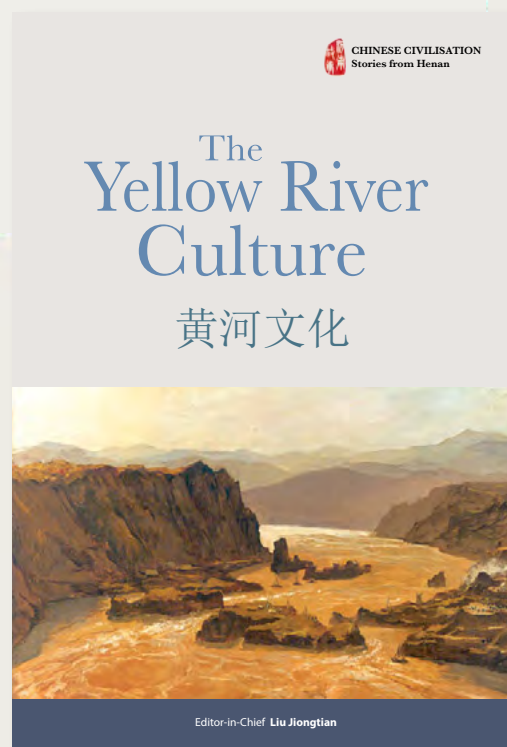
From the Preface

The Yellow River Culture

Liu Jiongtian



CHINESE CIVILISATION
Stories from Henan



This book highlights the cradle of the Chinese civilisation—the Yellow River—and explores its origins as the backbone of China, its growth and its influence on the development of the country.

“The Yellow River is the mother river of the Chinese nation. With its unique geographical environment, the Yellow River Basin, the birthplace of the long-standing Chinese civilisation, has nurtured the splendid Yellow River culture. Over time, the Yellow River culture, as the mainstream, integrated with many other cultures in China and kept learning from other civilisations in the world. Just like the thousands of streams that will eventually merge into a vast ocean, they have gradually grown into the colourful and brilliant Chinese civilisation.”

From the Preface

Paperback (978-629-7646-37-4)
2025

176pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

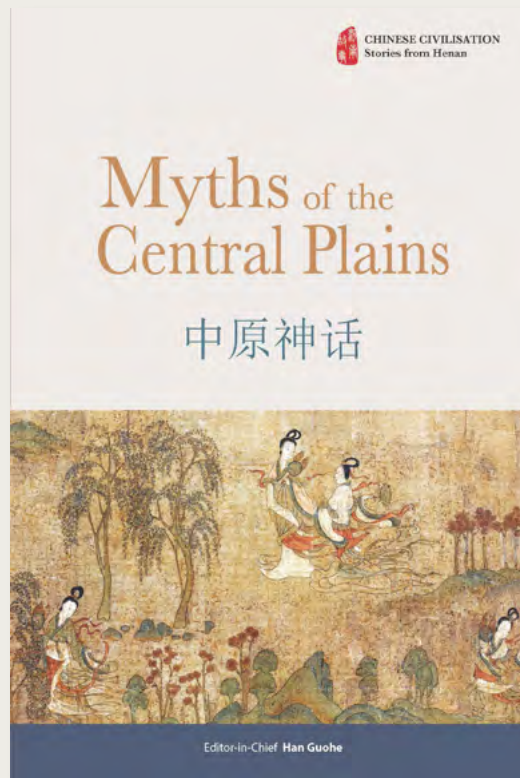
Chinese civilisation, history, culture

Myths of the Central Plains

Han Guohe



CHINESE CIVILISATION
Stories from Henan



This book provides an insight into ancient Chinese beliefs and legends, including creation stories, legendary emperors and heroes, nature myths, immortal deities, and mythical creatures.

"The Central Plains is also a cultural concept, signifying the most orthodox Chinese culture in the traditional sense. The Central Plains, the birthplace of the Chinese nation, has long been regarded as the core area politically, economically and culturally in China, synonymous with the Chinese culture in the traditional sense. Its overwhelming importance was solidified in the earliest Chinese dynasties of Xia, Shang and Zhou, which all had their capitals near the city of Luoyang in Henan Province. Some historical facts placed Luoyang as the centre of the world in Chinese ancestors' minds and identified the earliest concept of China as the Central Plains area."

From the Preface

Paperback (978-629-7646-34-3)
2025

128pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

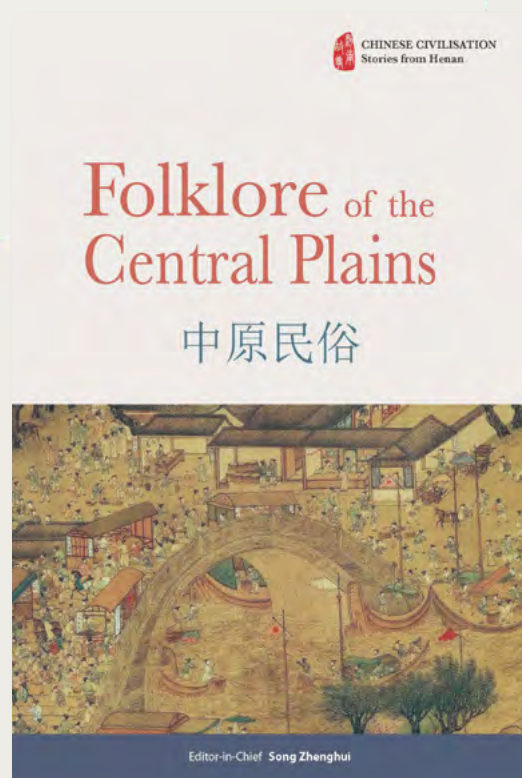
Chinese civilisation, history, culture, mythology

Folklore of the Central Plains

Song Zhenghui



CHINESE CIVILISATION
Stories from Henan



This book looks into the folklore of the Central Plains, covering the traditions, rites, styles, and unique folk art forms such as stone carvings, paintings and puppetry.

“Studies of folklore in China, inheriting the traditional means of collecting and observing folkways in ancient China, are mainly studies of folk literature and art ... By virtue of cultural heritage projects, contemporary folklore of the Central Plains is flourishing. It is our duty to study traditional folklore, investigate present-day folklore, tap into folk vitality, and advocate fine folkways to serve the cause of the great rejuvenation of the Chinese nation.”

From the Preface

Paperback (978-629-7646-33-6)
2025

192pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

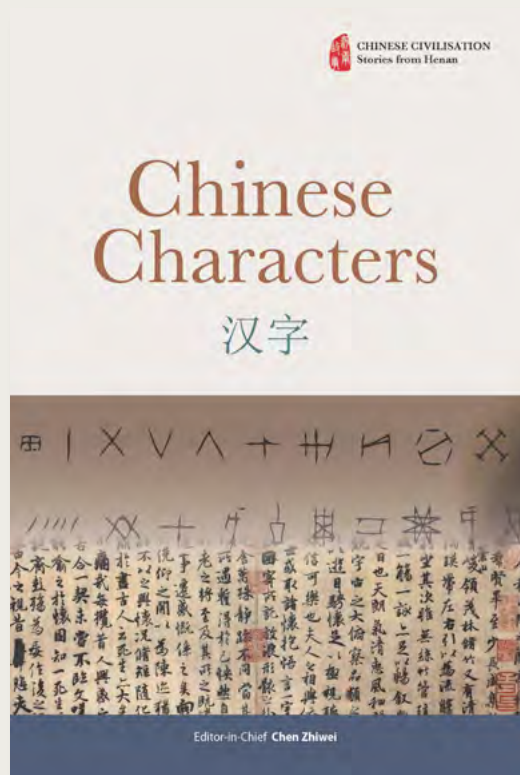
Chinese civilisation, history, culture, folklore

Chinese Characters

Chen Zhiwei



CHINESE CIVILISATION
Stories from Henan



This book presents the evolution, configuration and artistic aspects of Chinese characters, to better understand the beauty of the Chinese language and appreciate the cultural information it conveys.

"Like the ancient Egyptian hieroglyphs and cuneiform characters of Mesopotamia, Chinese characters are independent and important symbols developed in ancient China and have made indelible contributions to the development of early human civilisation. The origin and transformation of the hieroglyphs, cuneiform, and Chinese characters are not synchronised, but they all share a history of thousands of years. Chinese characters have evolved from the earliest oracle bone scripts to the most widely used characters in the world across different fonts that can be traced back to the same origin."

From the Preface

Paperback (978-629-7646-32-9)
2025

224pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

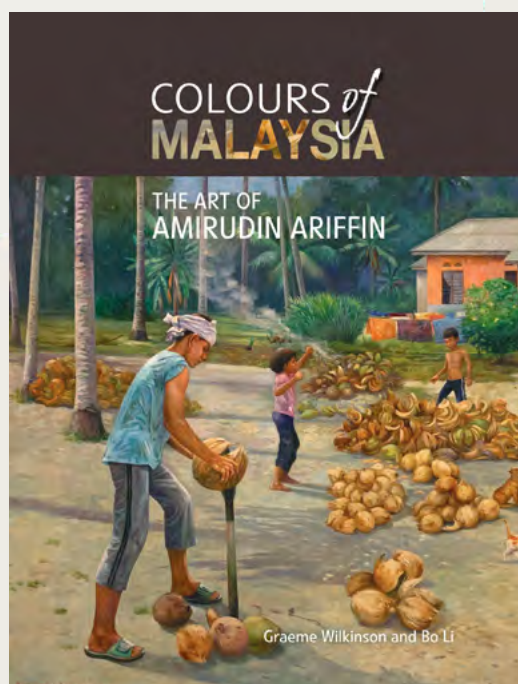
Subject Area

Chinese civilisation, history, culture, language

Colours of Malaysia

The Art of Amirudin Ariffin

Graeme Wilkinson, Bo Li



Hardback (978-967-5492-67-9)
2022

E-book (978-967-5492-72-3)
2022

192pp | 209 mm (W) x 279 mm (H)
With full colour illustrations and photography

Readership

Art enthusiasts, art collectors, general public

Subject Area

Art, paintings, Southeast Asia

This book features the works of Malaysian artist Amirudin Ariffin, whose oil paintings and watercolours capture the true spirit of Malaysia and the lives and emotions of ordinary citizens. For the first time, some of Ariffin's most distinctive and remarkable works, including city scenes, landscapes, portraits, and abstracts, are brought together in a single volume that demonstrates the quality and breadth of his art and the narratives underlying the works.

Graeme Wilkinson is the former Tan Sri Jeffrey Cheah Distinguished Professor and Vice-Chancellor of Sunway University, Malaysia. He grew up in the UK and was educated in London and Oxford. He has worked mainly in academia in the UK, but has also worked and lived in Italy and Malaysia. He is a Fellow of the Royal Society of Arts, London.

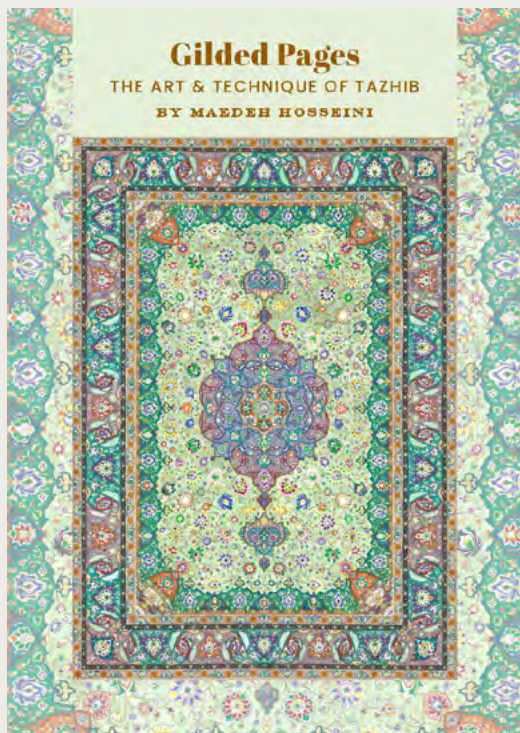
Bo Li was born in China and educated in Beijing. She has also worked and lived in the UK and Malaysia, and has taught in universities in both China and the UK. She is a collector of Southeast Asian fine art.



Gilded Pages

The Art & Technique of Tazhib

Maedeh Hosseini, Willwin Yang



Paperback (ISBN pending)
2025

280pp | 205 mm (W) x 255 mm (H)
With full colour illustrations and photography

Readership

Artists, general public, art enthusiasts

Subject Area

Decorative arts, culture, Middle East

Tazhib is the intricate and decorative art of gilding and illuminating traditional manuscripts. It is often characterised by ornate geometric patterns and floral motifs, originating from the rich cultural heritage of the Middle East.

Gilded Pages is a comprehensive guide that unfolds the beauty of Tazhib art. With step-by-step drawing instructions, it takes readers on a journey to the rich exploration of techniques, patterns and cultural inspirations.

Artist Maedeh Hosseini blends traditional Iranian techniques and innovative approaches in her art, inviting readers to explore their own artistic expression and appreciate cultural nuances for a fulfilling and enriching reading experience.

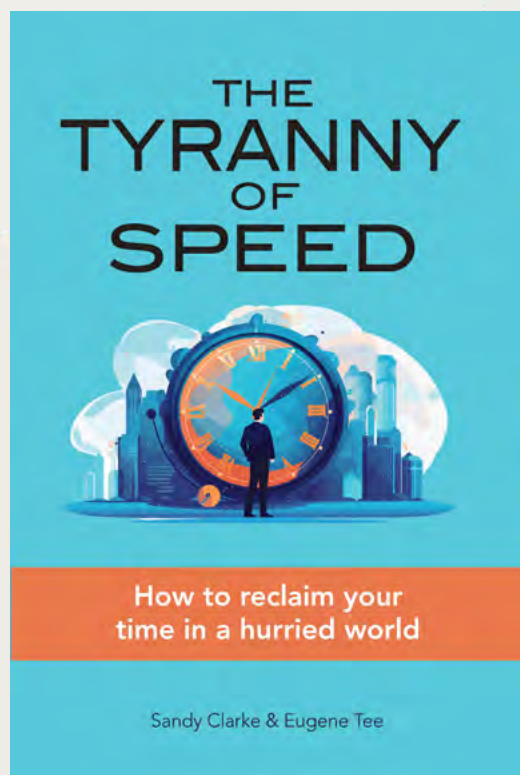
Maedeh Hosseini is an Iranian artist currently residing in Malaysia. She dedicated herself to mastering Persian miniature art under experienced masters and has showcased her artwork in group exhibitions. Upon her relocation to Malaysia, Maedeh's artistic journey evolved further as she delved into the intricate realm of Tazhib. She is now recognised as a prominent figure in the Tazhib art form, creating a lasting impact within its artistic community.

Willwin Yang is an illustrator currently based in Petaling Jaya, Malaysia. She has many years of experience in book and magazine design, specialising in editorial illustration.

The Tyranny of Speed

How to Reclaim Your Time in A Hurried World

Sandy Clarke, Eugene Tee



Paperback (978-629-7646-36-7)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

General public, counsellors, young adults, psychologists

Subject Area

Applied psychology, well-being, mindfulness

The Tyranny of Speed invites readers to re-evaluate the relentless pace of modern life and craft a richer life by being more present in and savouring life's moments. By examining the impact of our fast-paced culture, from technology's effects on our attention to how we relate to ourselves and others, the authors offer practical strategies for reclaiming a sense of agency over what truly matters. This book draws on psychological research, mindfulness, and personal experience, encouraging readers to reconsider the societal narratives around productivity and redefining our relationship with the prevailing culture of immediacy and perpetual busyness.

At its heart, *The Tyranny of Speed* invites us to step off the treadmill of relentless striving, to savour the beauty in everyday moments, and to cultivate a mindful and ultimately more meaningful way of being. Through their reflections and insights, the authors offer readers valuable strategies to create a life with increased purpose and contentment in an age of shallow distraction.

"*The Tyranny of Speed* is a timely and necessary read. I found it thought-provoking to reflect on how much of life is shaped by urgency and distraction. The authors offer something rare: a grounded, compassionate, and practical call to slow down, pay attention, and be intentional about what truly matters."

Dr Chua Sook Ning

Founder & Clinical Director, Relate Malaysia

Sandy Clarke is a licensed counsellor currently based at Sunway University, writer, and newspaper columnist based in Kuala Lumpur. Specialising in existential therapy, he has delivered workshops and talks on mindfulness, self-compassion, and grief, featuring regularly on national radio. Before moving to Malaysia in 2015, he was a political journalist and local broadcaster.

Eugene Tee, PhD, MAPP, is Professor at the Department of Psychology, HELP University, Malaysia. He holds a PhD in Management from the University of Queensland and a Master of Applied Positive Psychology from the University of Pennsylvania. His academic work focuses on emotional intelligence and positive psychology.

Happiness

Mastering the 5Gs for an Enhanced You

Alvin Ng Lai Oon, Janessa Tan



This book is not about grand life overhauls or impossible promises. It introduces the five transformative concepts of 5Gs—practices designed to cultivate a meaningful life—and shares small, actionable steps that you can easily practise anytime and everywhere.

This quintet of principles will surely become part of who you are as you navigate the adversities of life with resilience and grace. Accompanied by down-to-earth insights, personal experiences and scientific evidence, this book offers a fresh approach to happiness as an ongoing journey and a process.

Alvin Ng Lai Oon is a Professor at the Department of Psychology, Sunway University, Malaysia. He is also the Founding President of the Malaysian Society of Clinical Psychology, which he established in 2010.

Janessa Tan is a health writer, certified yoga and spin instructor, and MSc graduate in Health Psychology from the University of Portsmouth. Janessa integrates psychological, physical, and lifestyle factors in her writing and coaching to inspire meaningful change.

Paperback (978-629-7646-29-9)
2025

200pp | 153 mm (W) x 229 mm (H)

Readership

General public, counsellors, young adults, psychologists

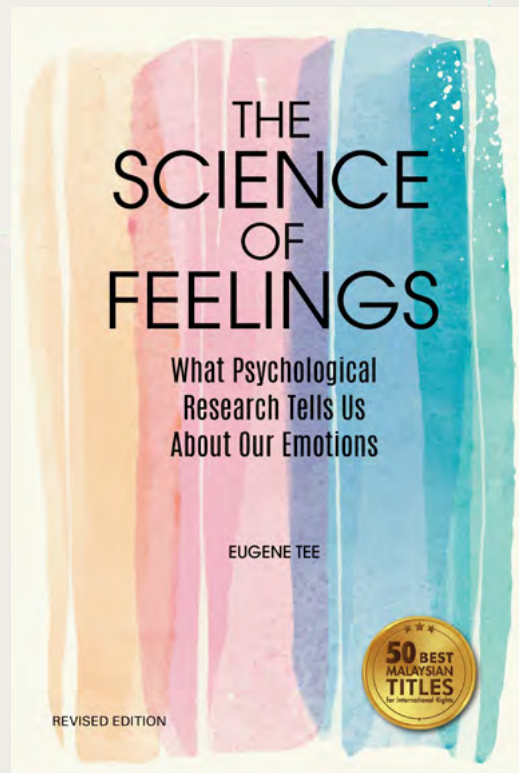
Subject Area

Positive psychology, well-being, mindfulness

The Science of Feelings

What Psychological Research Tells Us About Our Emotions

Eugene Tee



Paperback (978-629-7646-15-2)
2024

E-book (978-629-7646-30-5)
2024

224pp | 153 mm (W) x 229 mm (H)

Readership

General public, counsellors, young adults, psychologists

Subject Area

Psychology, emotions and feelings, well-being

In the last 50 years or so, psychological science has shed light on the essence of what makes us human—why we experience a range of feelings from joy to sadness, anger to fear, and compassion to contempt. Yet, the science of emotion remains mostly inaccessible to the curious reader and those outside academic circles.

This revised edition offers the most up-to-date research findings, data and insights on the study of emotions, simplifying specialised knowledge into engaging, easy-to-read language. It discusses how emotions, empathy and well-being interact with technology in the age of AI and outlines key takeaways of each chapter for easy understanding.

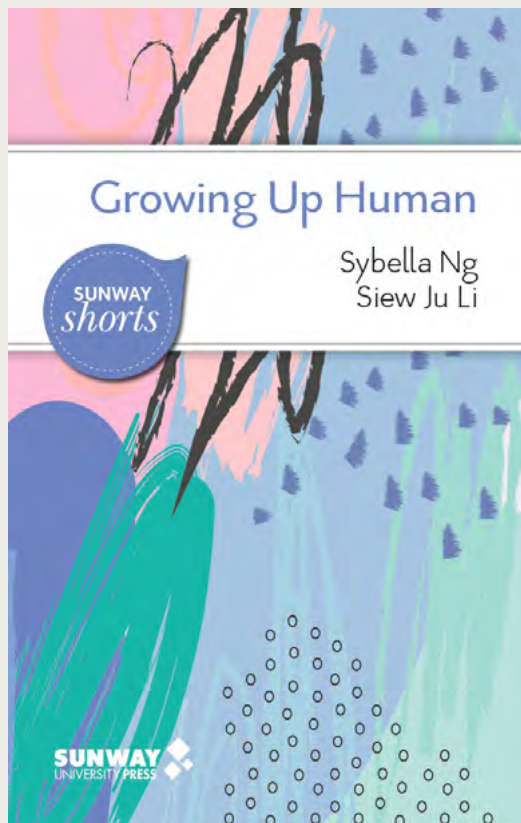
Eugene Tee PhD, MAPP, is Professor at the Department of Psychology, HELP University, Malaysia. He holds a PhD in Management from the University of Queensland and a Master of Applied Positive Psychology from the University of Pennsylvania. He lectures, researches, publishes and provides training on emotions and positive psychology, and is the founder of Emotivity. He is a regular speaker on BFM89.9 and author of *Mindfulness and Emotions: Understanding Your Mind* and the *Benefits of Being Present and Of Bromances and Biting Cute Babies: Questions About Emotions You (Probably) Never Thought of Asking*.



Growing Up Human

A Guide to Navigating and Understanding Our Lifespan

Sybella Ng, Siew Ju Li



Paperback (978-967-5492-22-8)
2022

E-book (978-967-5492-42-6)
2022

144pp | 112 mm (W) x 175 mm (H)

Readership

General public, psychologists

Subject Area

Development psychology, lifespan development

Have you ever wondered what shapes an individual from birth to death? How does your relationship with others influence your own worldview of the world? What makes you uniquely you as you grow older (and hopefully wiser)? Whether you have been pondering these questions for years or only recently, this book would help provide some answers.

Shedding light on the psychology of human development, each chapter marks a stage in our lifespan and tells a tale of how we grow from babies to functioning adults. The book pairs research with real-life advice and draws from the authors' experience in the field of developmental psychology. Whether you are young or old, discover yourself through the science of growing up and appreciate the influences that make us human.

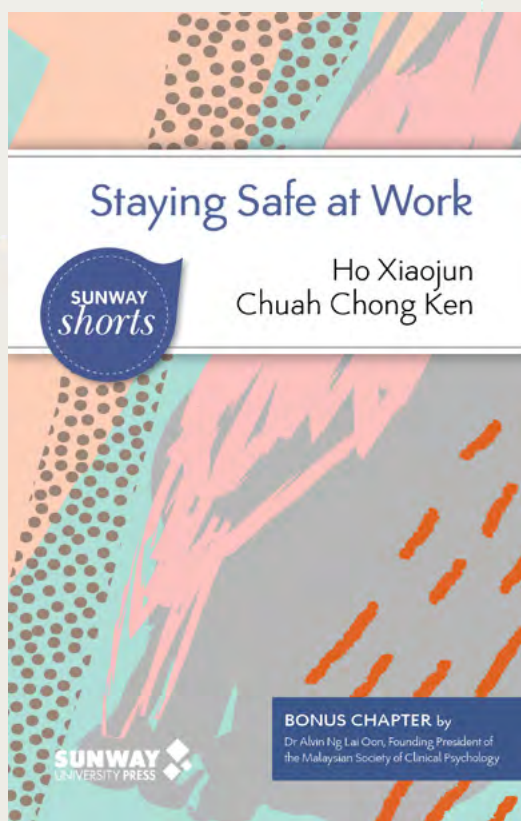
Sybella Ng is a Developmental Psychologist who co-founded THINKiNT, a training and consulting company that integrates psychological frameworks in their services, and LIFE Project, a programme that offers parenting workshops and Read Aloud sessions for children. She was a graduate of Columbia University, New York and previously a lecturer at HELP University, Malaysia.

Siew Ju Li is a Psychologist and Certified Therapeutic Play Practitioner. She is currently Director and Consultant at SEED Connections, providing psychological services and programmes to families and children. She specialises in the areas of play therapy, emotional literacy, and parenting and was previously Senior Lecturer at HELP University, Malaysia.

Staying Safe at Work

A Guide to Occupational Safety & Health

Ho Xiaojun, Chuah Chong Ken (with Alvin Ng Lai Oon)



Paperback (978-967-5492-23-5)
2021

E-book (978-967-5492-41-9)
2021

184pp | 112 mm (W) x 175 mm (H)

Readership

Academics, professionals, policymakers

Subject Area

Management, workplace safety and health, mental health

This book serves as a short guide to occupational safety and health, providing an insight into the various theories on how accidents occur, the establishment of relevant laws and organisations, and the current applications of workplace safety measures. With case studies drawn from the authors' experience, this book also provides a brief overview of Malaysia's laws and practices related to workplace safety and dedicates a chapter to mental health management in the workplace.

Ho Xiaojun is a Registered Safety and Health Officer and Certified Environmental Professional in Scheduled Waste Management (CePSWaM) in Malaysia. She obtained her Master of Environmental Engineering from Universiti Putra Malaysia. She is the lead implementer of ISO 9001, ISO 14001, ISO 45001, and other corporate-related OSH matters in her current organisation and has industry experience in the sectors of education, marketing, and service.

Chuah Chong Ken is a Registered Safety and Health Officer and Human Resources Development Fund-qualified trainer in Malaysia. He obtained his Master of Occupational Safety and Health Management from Universiti Utara Malaysia. He specialises in workplace safety and health management and has industry experience in the sectors of construction and service.

Alvin Ng Lai Oon is a Professor of Psychology at the Department of Psychology, Sunway University, Malaysia. Trained as a clinical psychologist, he is passionate about enhancing public mental health literacy to address the lack of professionals and access to services. Dr Ng believes that mental health management is beyond just treatment of mental illness but also the promotion of mental well-being.

Sloth Bear

The Barefoot Bear of Sri Lanka

Shyamala Ratnayake (photography by Luxshmanan Nadaraja)



Hardback (978-967-5492-25-9)
2022

E-book (978-967-5492-51-8)
2022

168pp | 216 mm (W) x 279 mm (H)
With full colour photography

Readership

Researchers, conservationists, general public

Subject Area

Zoology, mammals

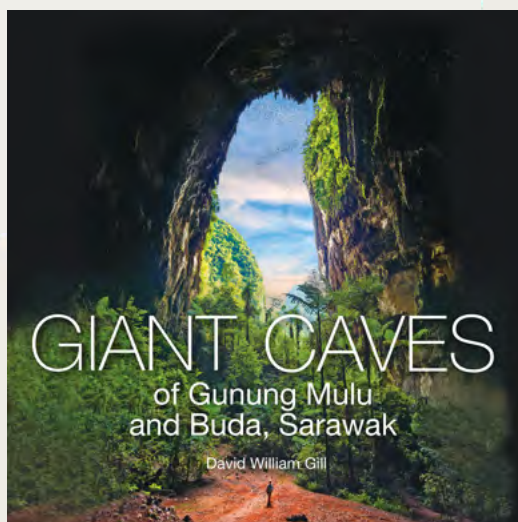
The sloth bear is one of the most elusive species inhabiting the jungles of South Central Asia. This book synthesises the author's body of research and experiences while working on the subspecies of sloth bear in Sri Lanka during the civil conflict. Accompanied with beautiful photographs of sloth bears, this book aims to provide the general audience with access to scientific information of urgent conservation concern, delivered in a less technical style. This book addresses ecological, behavioural, and conservation concerns of sloth bears against the biodiversity and cultural backdrop of Sri Lanka.

Shyamala Ratnayake, PhD, conducted the first focused field study on the subspecies of sloth bear in Sri Lanka, the results of which were published as various scientific papers and book chapters. She has been associated with international bear research for over 15 years.

Luxshmanan Nadaraja is a leading Sri Lankan wildlife photographer who has published and co-authored a number of books on the nature, archaeology, and culture of Sri Lanka. He is the founder and CEO of the studio Wildlight (Pvt) Ltd, Sri Lanka.

Giant Caves of Gunung Mulu and Buda, Sarawak

David William Gill



Hardback (978-967-5492-84-6)
2024

E-book (978-629-7646-13-8)
2024

208pp | 280 mm (W) x 280 mm (H)
With full colour illustrations and photography

Readership

Cave explorers, researchers, general public

Subject Area

Speleology, natural heritage

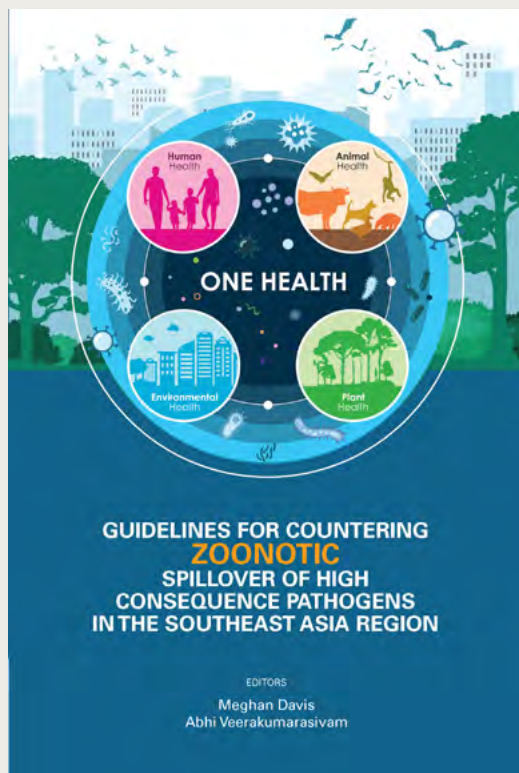
This book presents a historical record of over 40 years of cave exploration in Gunung Mulu and Gunung Buda in Sarawak, Malaysia. It showcases the beauty of one of Malaysia's important natural heritage through over 200 stunning photographs. The book also provides a wealth of valuable information for tourists and worldwide cave explorers, and tackles pressing issues of conservation, enforcement, and protection.

David William Gill was a former speleologist and development and training officer at Gunung Mulu National Park, where he worked for 10 years. With over 30 expeditions in many nations, he was instrumental in establishing a new National Park at Gunung Buda and obtaining the UNESCO World Heritage Site status for Gunung Mulu National Park.



Guidelines for Countering Zoonotic Spillover of High Consequence Pathogens in the Southeast Asia Region

edited by Meghan Davis, Abhi Veerakumarasivam



Paperback (978-629-7646-16-9)
2025

352pp | 153 mm (W) x 229 mm (H)

Readership

Policymakers, researchers, scientists

Subject Area

Infectious diseases, pathology, Asia

In the aftermath of the devastating COVID-19 pandemic, global health crises caused by the transmission of deadly pathogens from animals to humans have become an issue of extreme urgency.

Zoonotic Spillover shines a spotlight on Southeast Asia and China, regions where close interactions between animals and humans, especially in live animal markets, create fertile ground for the spread of dangerous diseases.

By exploring the environmental, social and economic factors that make the region particularly vulnerable—ranging from deforestation and climate change to increasing global mobility—this book offers actionable solutions, scientific methodologies and innovative policy recommendations to curb the threat and safeguard public health for generations to come.

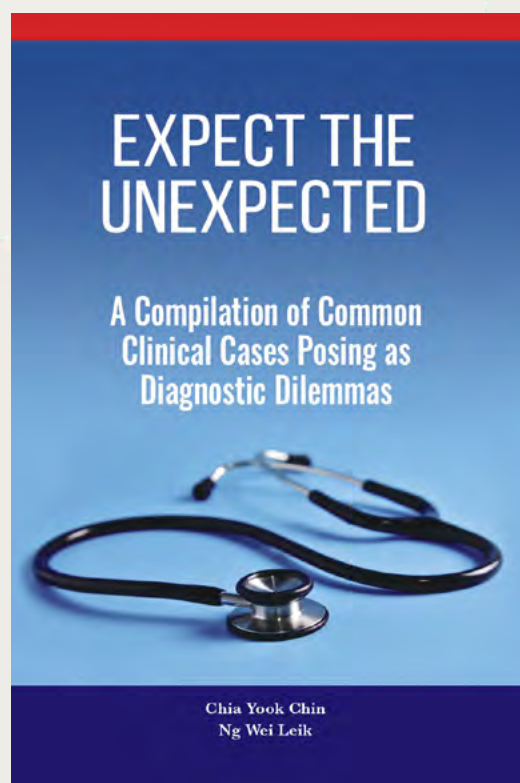
Meghan Davis, DVM, MPH, PhD is Associate Professor of Environmental Health and Engineering at the Johns Hopkins Bloomberg School of Public Health, United States.

Abhi Veerakumarasivam, PhD is Provost and Professor of Genetics at Sunway University, Malaysia.

Expect the Unexpected

A Compilation of Common Clinical Cases Posing as Diagnostic Dilemmas

Chia Yook Chin, Ng Wei Leik



This anthology of cases features frequently encountered patient presentations in medical practice, with a focus on highlighting the diagnostic complexities. The curation stems from the years of experience and challenges faced by the authors. In each scenario, readers will find practical takeaways and succinct medical insights. These are aimed at fostering critical thinking and empathy skills among medical professionals. This book is also designed to help budding medical students, interns, as well as general medicine and family medicine trainees, to be familiar with the unfamiliar.

Chia Yook Chin is a graduate from Universiti Malaya and later joined Sunway University in 2018. She now heads the Department of Medical Sciences, School of Medical and Life Sciences there.

Ng Wei Leik is a family physician and a graduate from Universiti Malaya. He is currently a senior lecturer in Universiti Malaya and practises in Universiti Malaya Medical Centre.

Paperback (978-967-5492-94-5)
2024

E-book (978-629-7646-01-5)
2024

232pp | 153 mm (W) x 229 mm (H)

Readership

Medical practitioners, medical students, medical trainees

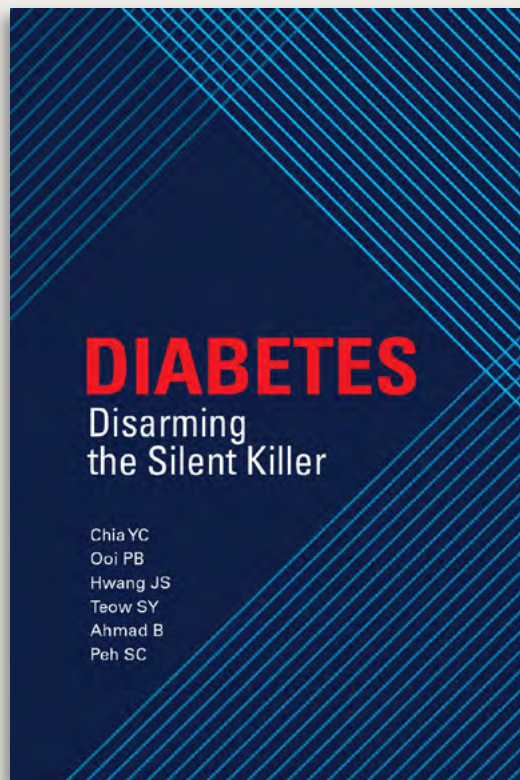
Subject Area

Family medicine, healthcare

Diabetes

Disarming the Silent Killer

edited by Chia Yook Chin, Ooi Pei Boon, Hwang Jung Shan, Teow Sin Yeang, Badariah Ahmad, Peh Suat Cheng



Paperback (978-967-5492-19-8)
2022

E-book (978-967-5492-43-3)
2022

112pp | 189 mm (W) x 246 mm (H)

Readership

Educators, researchers, students

Subject Area

Biology, diabetes, health management

This book gathers a prominent group of global researchers with expert knowledge and views on diabetes. Readers will gain insights into groundbreaking therapies and approaches to preventing and managing diabetes complications. The book, a result of the 3rd Cambridge-Oxford-Sunway Biomedical Symposium, further shares the most recent advances in diabetes research.

Chia Yook Chin is a leading medical researcher in Malaysia. She holds many positions including International Adviser for Malaysia at the Royal College of Physicians of London, UK.

Ooi Pei Boon is Associate Professor at the School of Medical and Life Sciences at Sunway University and a counsellor with Malaysia Board of Counsellor.

Hwang Jung Shan is an active researcher and Associate Professor at Sunway University.

Teow Sin Yeang is Senior Lecturer at Sunway University and the recipient of the MAKNA Cancer Research Award.

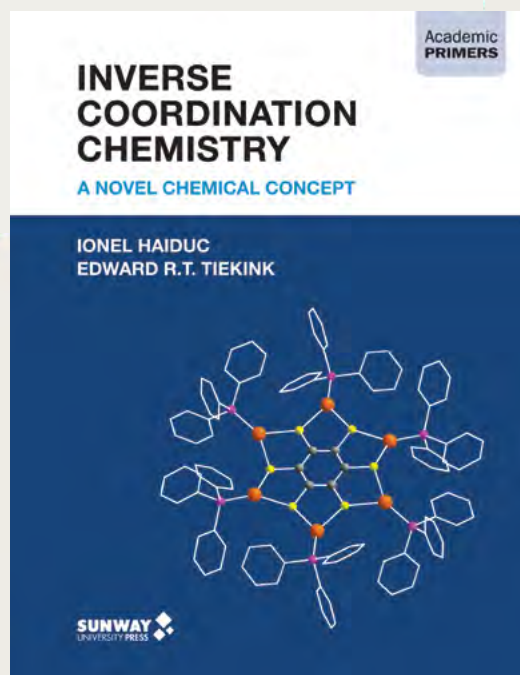
Badariah Ahmad is Senior Lecturer at Monash University and a physician at Tanglin Clinic, Kuala Lumpur.

Peh Suat Cheng is a renowned pathologist in Malaysia and a Fellow of the Royal College of Pathologists in Australia and the UK.

Inverse Coordination Chemistry

A Novel Chemical Concept

Ionel Haiduc, Edward RT Tiekink



Paperback (978-967-5492-18-1)
2020

E-book (978-967-5492-32-7)
2021

112pp | 189 mm (W) x 246 mm (H)

Readership

Educators, researchers, students, chemists

Subject Area

Inorganic chemistry

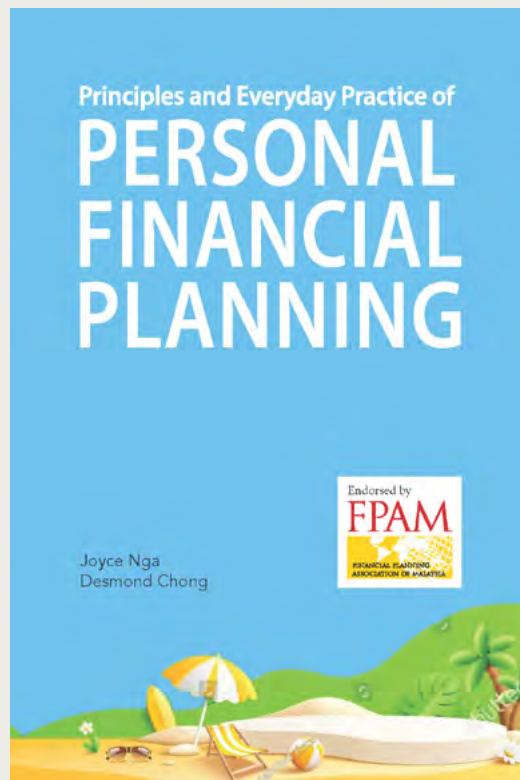
This book features and discusses the fascinating array of inverse coordination complexes, from those with monoatomic or polyatomic centres to those with organic molecules as centres. While coordination complexes traditionally consist of a metal atom at the centre surrounded by inorganic ligands, inverse coordination complexes show a reversed topology: a central non-metal atom surrounded by metallic ligands. Illustrative and concisely written, this book is a timely and comprehensive introduction to this exciting but largely overlooked field of inverse coordination in inorganic chemistry.

Ionel Haiduc is Professor Emeritus at Babes-Bolyai University in Cluj-Napoca, Romania. A distinguished chemist and prolific researcher, he was formerly President of the Romanian Academy from 2006 to 2014.

Edward RT Tiekink is Distinguished Professor and former Head of the Research Centre for Crystalline Materials at Sunway University, Malaysia. He has published in excess of 2,000 research papers/reviews and co-edited several books.

Principles and Everyday Practice of Personal Financial Planning

Joyce Nga, Desmond Chong



Paperback (978-629-7646-38-1)
2025

336pp | 153 mm (W) x 229 mm (H)

Readership

General public, students, educators

Subject Area

Personal finance, budgeting, money management

Many aspire to have financial security and abundance with a life free from financial stress. Yet, the true challenge lies not only in accumulating wealth but also in sustaining it for the long term.

Principles and Everyday Practice of Personal Financial Planning is a practical and accessible guide designed to help readers understand key financial concepts and integrate smart financial planning into their daily lives.

Written in a simple and clear way and grounded in the Malaysian context, this book makes money management easy to grasp, empowering readers to make informed financial decisions with confidence.

Joyce Nga was previously an auditor and financial controller, and has over 20 years of experience in teaching corporate finance, financial planning, business ethics, and credit management. She is currently a Senior Lecturer of Finance at Sunway University.

Desmond Chong is a Senior Lecturer at Universiti Putra Malaysia. He is an expert in consumer finance, marketing, management, and financial planning (Shariah), and is a Certified Financial Planner and Registered Financial Planner.

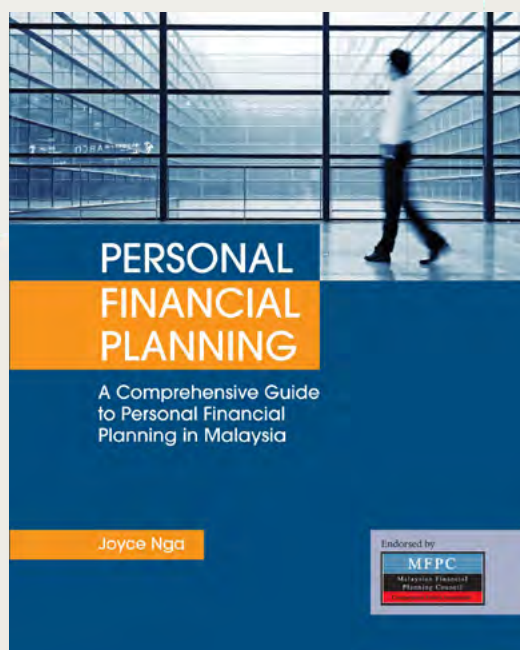
Endorsed by



Personal Financial Planning

A Comprehensive Guide to Personal Financial Planning in Malaysia

Joyce Nga



Paperback (978-967-5492-76-1)
2023

E-book (978-967-5492-77-8)
2023

552pp | 203 mm (W) x 254 mm (H)

Readership

Students, educators, general public

Subject Area

Personal finance, budgeting, money management

This book is a comprehensive guide on personal financial planning tailored for the Malaysian context. It covers a wide range of relevant topics including consumer credit management, tax planning, bonds and shares, unit trusts, real estate, insurance, estate planning, and an overview of Islamic wealth management. Whether you are a student of accounting and finance, an experienced financial planner, or just an average Malaysian needing help with your finances, this book will have all your personal financial planning needs covered.

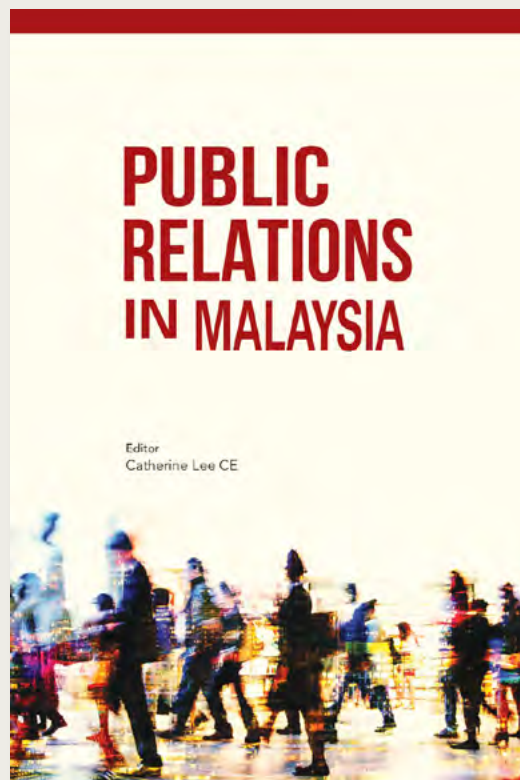
Joyce Nga was previously an auditor and financial controller, and has over 20 years of experience in teaching corporate finance, financial planning, business ethics, and credit management. She is currently a Senior Lecturer of Finance at Sunway University.

Endorsed by the Malaysian Financial Planning Council



Public Relations in Malaysia

edited by Catherine Lee CE



Hardback (978-629-7646-21-3)
2025

160pp | 153 mm (W) x 229 mm (H)

Readership

Students, educators, industry practitioners

Subject Area

Public relations, communications, Malaysia

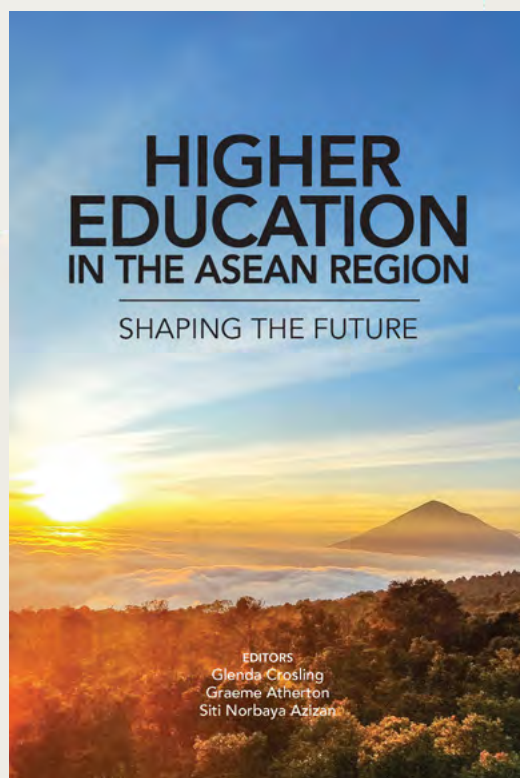
This book is on public relations and corporate communication, with explanations and examples in the Malaysian context. Based on interviews conducted with public relations professionals and educators in Malaysia, the book covers both the theory and techniques of public relations and can be used as a manual for the subject's introductory courses. It is the aim of the book to teach ways of building ethical and productive relationships with strategic constituencies, and encourage critical thinking and ethical behaviour among future public relations practitioners in the country.

Catherine Lee CE is Associate Professor at the Department of Communication and Deputy Dean (Education) of the School of Arts at Sunway University, Malaysia. She is a member of the Panel Assessor for the Malaysian Qualifications Agency (MQA) and Malaysian Association of Communication Educators (MACE) and is a reviewer for numerous international journals. Her research interests are on social and behaviour change communications, gender dynamics, and rural communities.

Higher Education in the ASEAN Region

Shaping the Future

edited by Glenda Crosling, Graeme Atherton, Siti Norbaya Azizan



This book presents views on the topic from various regional writers. Framed by the dynamic settings of both ASEAN and higher education, the perspectives offered in the book cluster under the themes of higher education sustainability, learning and teaching approaches, post-graduation employment, access and equity, and curriculum development. The book was developed on the idea of progress in higher education, emphasising the ongoing evolution and transformation of the sector in the region.

Glenda Crosling is Professor and Head of the Centre for Higher Education Research at Sunway University, Malaysia.

Graeme Atherton is Head of the Centre for Inequality and Levelling Up at the University of West London, United Kingdom, and former Adjunct Professor at the Centre for Higher Education Research at Sunway University, Malaysia.

Siti Norbaya Azizan is Research Associate at the Centre for Higher Education Research at Sunway University, Malaysia.

Hardback (978-629-7646-03-9)
2024

E-book (978-629-7646-07-7)
2024

296pp | 153 mm (W) x 229 mm (H)

Readership

Academics, educators

Subject Area

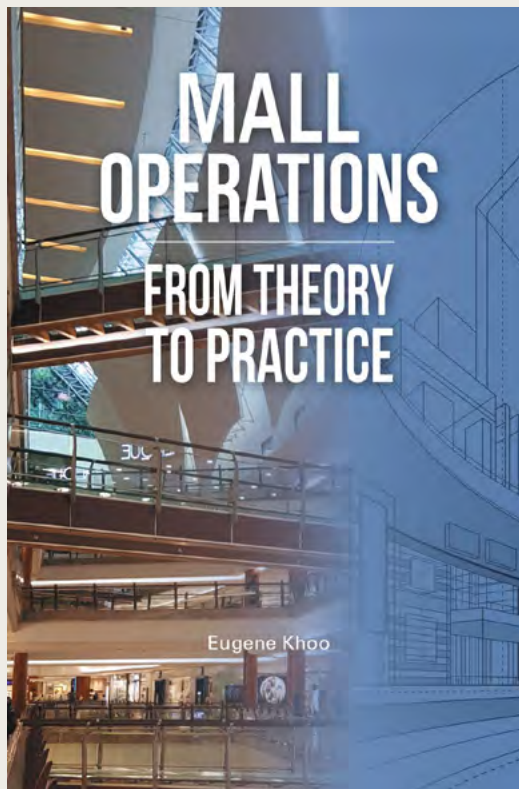
Higher education, Southeast Asia, ASEAN



Mall Operations

From Theory to Practice

Eugene Khoo



Mall Operations: From Theory to Practice is a reflection of the complexities in the mall management industry. Featuring a curated selection of case studies and examples from various malls in Malaysia, this book emphasises the balance between technical logistics and administrative strategies to enhance mall management effectiveness. This simple but invaluable handbook serves as a handy companion for mall practitioners and built environment professionals looking to elevate their malls to the next level.

Eugene Khoo is a Building Surveyor with more than 10 years of experience in the retail mall industry. Graduating from Universiti Malaya, he has overseen an extensive range of retail development projects such as Sunway Malls and The Exchange TRX.

Hardback (978-629-7646-22-0)
2025

240pp | 153 mm (W) x 229 mm (H)

Readership

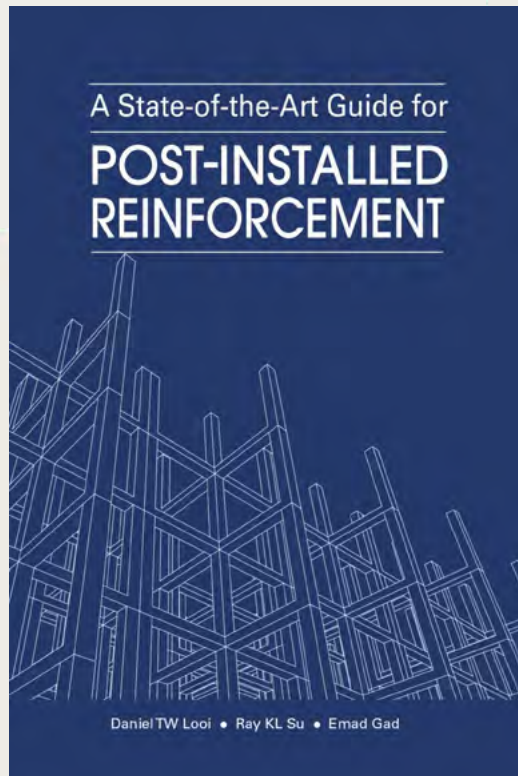
Mall industry practitioners, building surveyors, professionals

Subject Area

Facility management, mall operations & logistics, engineering

A State-of-The-Art Guide for Post-Installed Reinforcement

Daniel TW Looi, Ray KL Su, Emad Gad



Hardback (978-967-5492-74-7)
2023

E-book (978-967-5492-75-4)
2023

152pp | 152 mm (W) x 229 mm (H)

Readership

Engineers, construction industry professionals

Subject Area

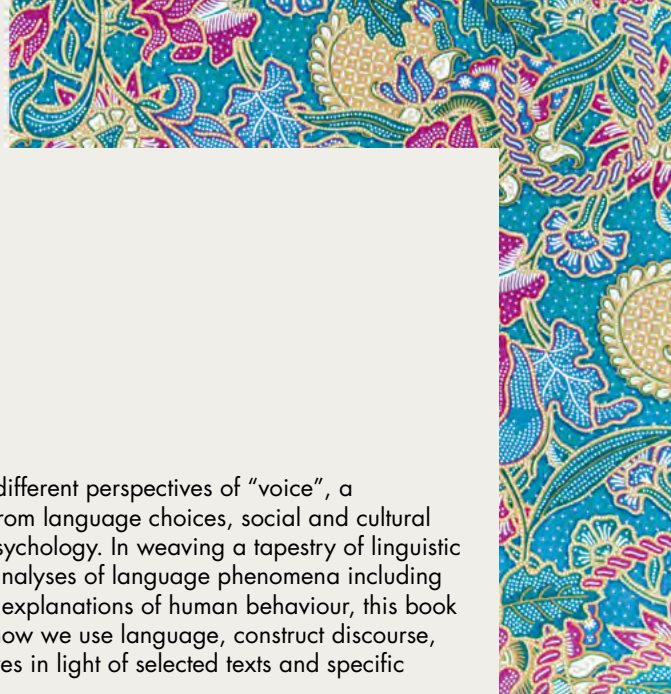
Construction, engineering, post-installed reinforcement

This book provides comprehensive coverage on installation, design, and assessment guidelines for post-installed reinforcements. Previously published in Hong Kong, the Malaysian edition includes new EOTA technical reports and European Assessment Documents, fundamentals for post-installed reinforcements, design proposals, as well as unique design examples.

Daniel TW Looi is a chartered professional engineer (structural) of Engineers Australia and previously a structural application engineer specialised in structural analysis and design computation for buildings and plants. He is currently Associate Professor at the School of Engineering at Sunway University, Malaysia.

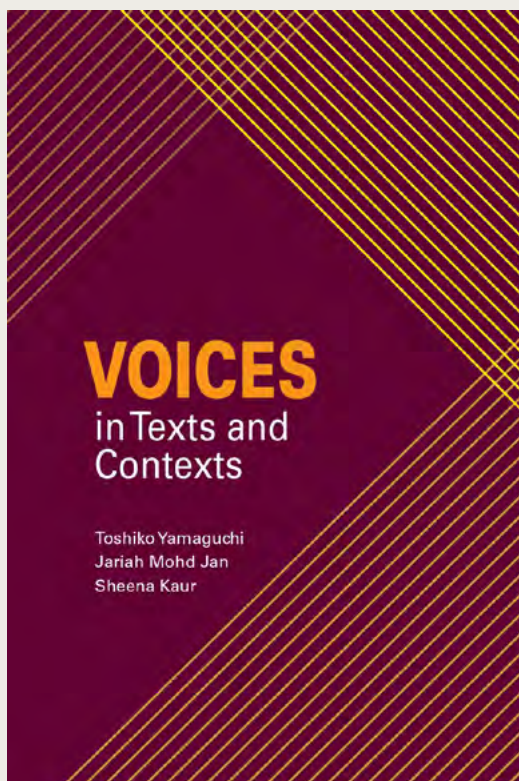
Ray KL Su is a Fellow of the Hong Kong Institution of Engineers and the institution of Structural Engineers, and has published over 140 SCI journal papers in concrete fracturing, durability of reinforced concrete structures, and seismic resistance design concrete buildings. He is currently an Associate Professor of Structural Engineering at the University of Hong Kong, Hong Kong.

Emad Gad is an accomplished civil engineer with extensive experience in structural dynamics, residential construction, structural connections, experimental techniques, and finite element modelling. He is currently Professor and Dean of the School of Engineering at Swinburne University of Technology, Australia.



Voices in Texts and Contexts

edited by Toshiko Yamaguchi, Jariah Mohd Jan, Sheena Kaur



Hardback (978-967-5492-55-6)
2022

E-book (978-967-5492-57-0)
2022

232pp | 153 mm (W) x 229 mm (H)

Readership

Educators, researchers, linguists

Subject Area

Linguistics, sociolinguistics, comparative linguistics

This book presents different perspectives of “voice”, a concept emerging from language choices, social and cultural phenomena, and psychology. In weaving a tapestry of linguistic experiences, from analyses of language phenomena including localised English to explanations of human behaviour, this book offers insights into how we use language, construct discourse, and express ourselves in light of selected texts and specific contexts.

The book grew out of the 6th and 7th International Conferences on Discourse and Society organised by the Faculty of Languages and Linguistics, Universiti Malaya, Malaysia. It contains chapters that give special focus to Malaysia at the macro level—such as the naming of disabled people, mastery of the Malay language by migrants, loanwords of Sanskrit origin in Malaysia—as well contributions by invited scholars whose academic interests intersect with the theme of the volume.

Toshiko Yamaguchi is Associate Professor at the Faculty of Languages and Linguistics, Universiti Malaya, Malaysia.

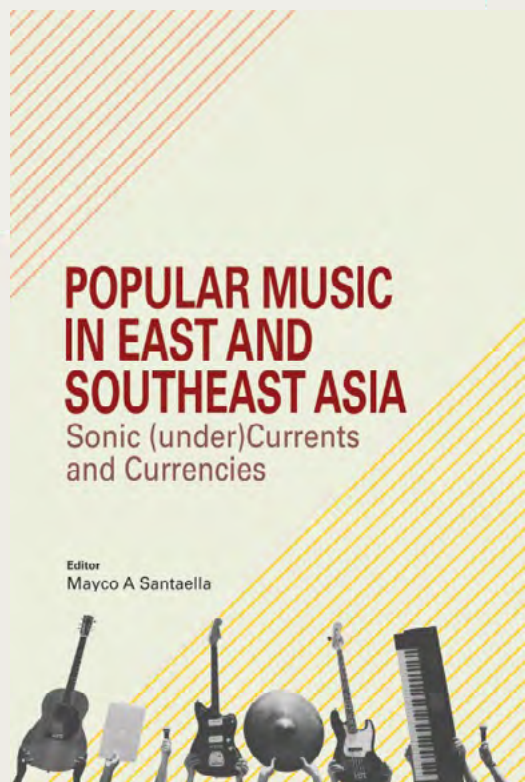
Jariah Mohd Jan is Associate Professor at the Department of English Language and former Dean at the Faculty of Languages and Linguistics, Universiti Malaya, Malaysia.

Sheena Kaur is a Senior Lecturer at the Faculty of Languages and Linguistics, and currently Deputy Dean of Postgraduate Studies at Universiti Malaya, Malaysia.

Popular Music in East and Southeast Asia

Sonic (under)Currents and Currencies

edited by Mayco A Santaella



This book presents current perspectives of the music discipline in East and Southeast Asia. It considers global influences, national industries, and regional genres with examples from Malaysia, Indonesia, Singapore, Taiwan, the Philippines, Hong Kong, Japan, South Korea, and the United States. With local perspectives on the conceptualisation of music genres, scenes, and industries, this book offers a comprehensive inter-Asia matrix for popular music studies.

Mayco A Santaella is Associate Professor at the Department of Film and Performing Arts, and Dean (International) for the School of Arts at Sunway University, Malaysia.

Hardback (978-967-5492-69-3)
2022

E-book (978-967-5492-73-0)
2022

296pp | 153 mm (W) x 229 mm (H)

Readership

Educators, music enthusiasts

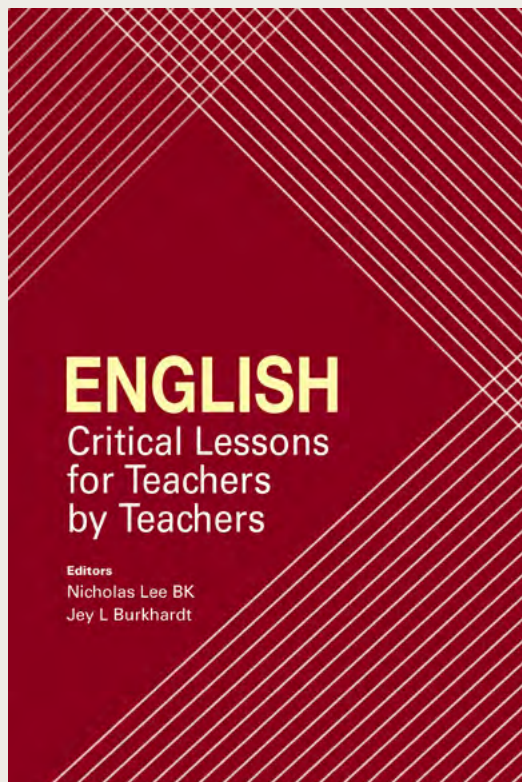
Subject Area

Music, world music, popular music

English

Critical Lessons for Teachers by Teachers

edited by Nicholas Lee BK, Jey L Burkhardt



Hardback (978-967-5492-83-9)
2023

E-book (978-967-5492-85-3)
2023

200pp | 153 mm (W) x 229 mm (H)

Readership

Educators, language teachers

Subject Area

English language teaching & literacy

This book is an educational and inspiring must-read for any English language teacher looking to inculcate inclusivity in diverse classrooms. It contains suggestions for improving English language coursebooks, a new way of teaching English grammar, lessons from multicultural classrooms, a study on multimodality lessons, positive psychology and language teaching, reflections of a Nyonya author, and a story of teachers from the perspective of a dyslexic student. This book was specially written in honour of English-language academic Professor Dr Stephen J Hall.

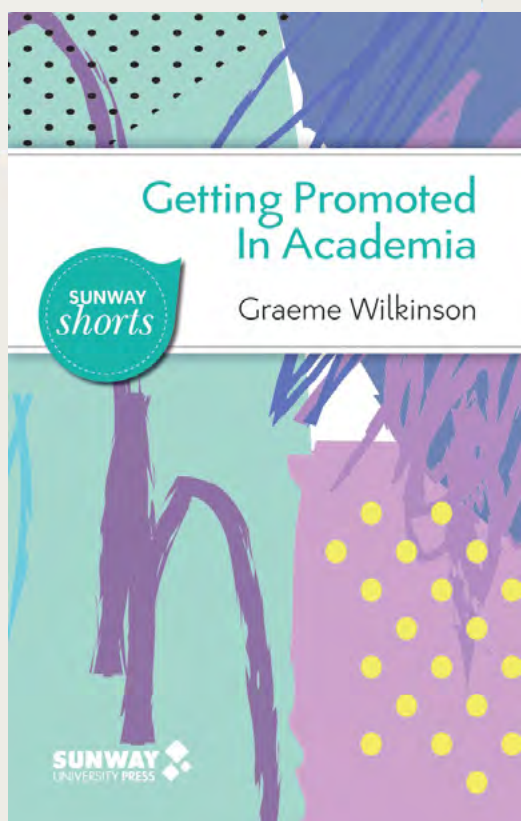
Nicholas Lee BK has held various portfolios in different educational settings in Malaysia both at early childhood and tertiary levels. He is an educator and a proponent of active, blended and technology-enhanced learning.

Jey L Burkhardt has over two decades of teaching experience at tertiary level and is a former lecturer at the Centre for English Language Studies, Sunway University, Malaysia. She works with heritage languages of Borneo in various language development projects in mother-tongue literacy, linguistics, and orthography development. Her research interests are in Borneo studies, cultural metaphors, language documentation and description, and self-regulated learning in higher education.

Getting Promoted in Academia

Practical Career Guidance for Ambitious Academics and Aspiring Leaders in Higher Education

Graeme Wilkinson



This short guide to career development for academics provides sensible and practical advice on how to rise to the top in the highly competitive world of higher education. Drawing on the author's wealth of experience in international universities, the book is packed with tactics and strategies for building a successful academic career and growing a strong personal brand as a leading and highly respected academic.

Whether your goal is to be a top professor, academic manager, or university leader, you will find valuable tips in this book that are scarcely written down. This book is essential reading for every academic who wants a high-flying career.

Graeme Wilkinson is the former Tan Sri Jeffrey Cheah Distinguished Professor and Vice-Chancellor of Sunway University, Malaysia. He grew up in the UK and was educated in London and Oxford. He has worked mainly in academia in the UK, but has also worked and lived in Italy and Malaysia. He is a Fellow of the Royal Society of Arts, London.

Paperback (978-967-5492-08-2)
2020

E-book (978-967-5492-20-4)
2020

184pp | 112 mm (W) x 175 mm (H)

Readership

Academics, professionals

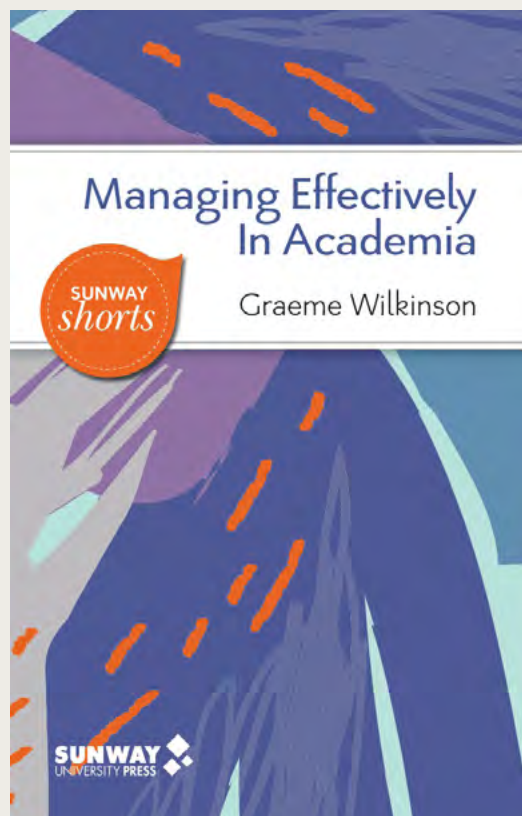
Subject Area

Management, personal success

Managing Effectively in Academia

A Guide to Good Practice for Academic Managers and Leaders in Higher Education

Graeme Wilkinson



This book provides a compact guide to good management practice in contemporary higher education. It covers key topics in day-to-day academic management including managing academic staff, handling students as customers, thinking and acting entrepreneurially and strategically, and dealing with some of the more challenging issues faced by academic managers in 21st century universities.

The book is aimed at academic managers at all levels, from research group leaders and programme leaders to department heads and deans. It should be especially relevant to those who have been newly promoted into such roles. It will also be of value to those ultimately seeking roles as provosts, presidents, and vice-chancellors.

Graeme Wilkinson is the former Tan Sri Jeffrey Cheah Distinguished Professor and Vice-Chancellor of Sunway University, Malaysia. He grew up in the UK and was educated in London and Oxford. He has worked mainly in academia in the UK, but has also worked and lived in Italy and Malaysia. He is a Fellow of the Royal Society of Arts, London.

Paperback (978-967-5492-09-9)
2021

E-book (978-967-5492-38-9)
2021

192pp | 112 mm (W) x 175 mm (H)

Readership

Academics, professionals

Subject Area

Management, personal success

Building a Research University

A Guide to Establishing Research in New Universities

Peter J Heard



Paperback (978-967-5492-59-4)
2022

E-book (978-967-5492-65-5)
2022

144pp | 112 mm (W) x 175 mm (H)

Readership

Higher education leaders, academics, professionals

Subject Area

Management, research

How does a university transition from a teaching-only institution to one that is also actively engaged in research? What are the challenges a university and its staff and students will face during the shift? How can a university successfully overcome these challenges?

This book provides a guide to university leaders who aim to manage the switch from being a teaching institution to one that is research-led. Drawing on the author's own experience leading two different universities, the book covers the importance of research in a modern university, and examines the right balance between teaching and research and the strategies to go through phases of growth and development.

Peter J Heard gained his PhD on the study of molecular dynamics in organo-transition metal complexes from University of Exeter, UK. Following brief spells at Yale University, USA, and Swansea University, UK, he worked for 12 years at Birkbeck University of London as a lecturer in chemistry. In 2007, he moved to Glyndwr University where he rose rapidly to become Pro Vice-Chancellor for Research. He then moved to Sunway University, Malaysia where he was first Deputy Vice-Chancellor for Research, and subsequently, Provost. He is currently Provost at Global Banking School, UK.

Harvard Business Review's 10 Must Reads Kecerdasan Emosi



This book is the Bahasa Melayu (Malay language) edition of the best-selling book *Harvard Business Review's 10 Must Reads on Emotional Intelligence*. The book comprises an essential collection of articles that can inspire readers to recognise and manage different aspects of emotional agility.

Each chapter is an article from subject matter experts such as Daniel Goleman, Diane L Coutu and Vanessa Urch Druskat. Readers will learn how to gain the emotional skills to become a successful leader, establish emotional intelligence within a team, identify and regulate negative thoughts, and provide and receive feedback.

Paperback (978-967-5492-06-8)
2020

E-book (978-967-5492-50-1)
2020

216pp | 140 mm (W) x 209 mm (H)

Readership

Aspiring & experienced leaders, professionals, general public

Subject Area

Emotional intelligence, leadership, career development

Harvard Business Review's 10 Must Reads Komunikasi



This book is the Bahasa Melayu (Malay language) edition of the best-selling book *Harvard Business Review's 10 Must Reads on Communication*. The book comprises a collection of compelling reads that can inspire readers to communicate effectively and convincingly within an organisation.

Each chapter is an article from leading experts including Deborah Tannen, Jay Conger and Nick Morgan. Readers will gain practical knowledge on how to engage with an audience, successfully pitch a business idea, win support of others, and inspire colleagues towards achieving a goal.

Paperback (978-967-5492-05-1)
2020

E-book (978-967-5492-49-5)
2020

240pp | 140 mm (W) x 209 mm (H)

Readership

Aspiring & experienced leaders, professionals, general public

Subject Area

Leadership, communication, career development

Harvard Business Review's 10 Must Reads Pengurusan Diri Sendiri



This book is the Bahasa Melayu (Malay language) edition of the best-selling book *Harvard Business Review's 10 Must Reads on Managing Yourself*. The book comprises a definitive collection of articles on self-management that can inspire readers to stay engaged and productive throughout their personal and professional lives.

Each chapter is an article from renowned authors such as Peter F Drucker, Stephen R Covey and Donald L Wass. Readers will gain practical insights into becoming a better leader, balancing personal and professional commitments, overcoming obstacles and managing responsibilities at the workplace.

Paperback (978-967-5492-04-4)
2020

E-book (978-967-5492-48-8)
2020

248pp | 140 mm (W) x 209 mm (H)

Readership

Aspiring & experienced leaders, professionals, general public

Subject Area

Leadership, communication, career development

The Anatomy of Online Communities

edited by Bradley C Freeman



The Anatomy of Online Communities offers insights into the essence of communities, illustrating the shift from conventional offline interactions to web-based communities. The book delves into the intricate layers of these social frameworks, highlighting essential features such as membership, influence, emotional support, needs fulfilment, and shared relationships as fundamental components of a community.

This resource includes a detailed analysis of these conceptual ideas and is highly valuable for researchers in fields like sociology, psychology, communication studies, and economics.

Bradley C Freeman is Professor and Associate Dean (Education) at the School of Arts, Sunway University, Malaysia. He serves as the Editor of Culture, Media & Film for *Cogent Arts & Humanities*, a journal published by Taylor & Francis. He also represents the Asian Media Information and Communication Centre and the Communication Institute of Greece, and has authored numerous journal articles, book chapters, encyclopedia entries, and books.

Paperback (ISBN pending)
2025

244pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, online community managers

Subject Area

Online communities, digital interactions, social perspectives

The Handbook of Data Quality Metrics

Philip Lesslar



Paperback (ISBN pending)
2025

144pp | 153 mm (W) x 229 mm (H)

Readership

Data professionals, industry practitioners

Subject Area

Data quality, information systems, metric strategies

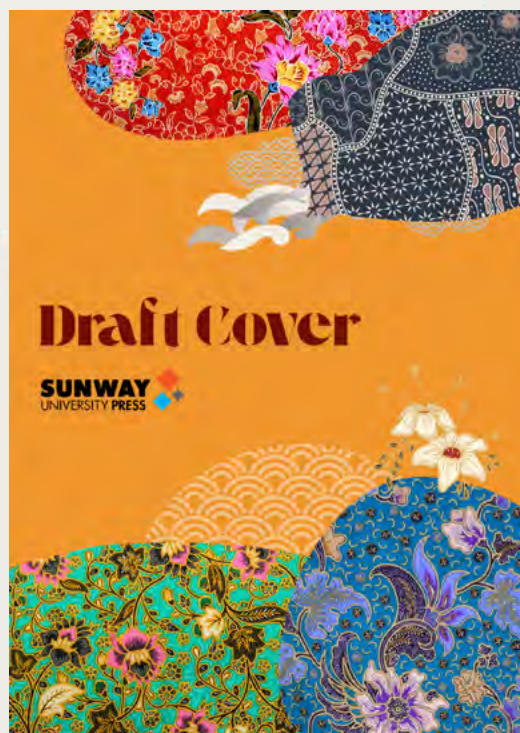
The Handbook of Data Quality Metrics is a data practitioner's guide to measuring and making visible the quality of data in an organisation. Quality is often subjective, but by measuring specific aspects of data using the standard quality dimensions, data quality metrics can offer a more precise and objective way to understand the quality of data being managed.

This book will help the reader understand data quality metrics and their limitations. By working through the life cycle of quality metrics development from quality dimensions, business rules to the actual metrics themselves, the reader will be able to acquire a thorough appreciation of how to plan for and implement data quality metrics in their own organisations.

Philip Lesslar is a Data Management practitioner with over 40 years of experience. Beginning his career as a micropalaeontologist, he transitioned to geocomputing and data management to broaden his data horizons. His current areas of focus are data quality and value quantification.

Poetry Slam (SNaPS™) Anthology

Various Authors



Paperback (ISBN pending)
2025

144pp | 140 mm (W) x 216 mm (H)

Readership

Poetry readers, general public, students

Subject Area

Poetry, education, literature

Poetry Slam: SNaPS™ Anthology features the vibrant voices of a new generation of poets in an anthology of winning poems from SNaPS™, the national poetry slam competition organised by Sunway International Schools, Malaysia.

This collection brings together creative works from talented young poets representing schools across Malaysia. Each poem is a testament to the energy and originality of youth, offering fresh perspectives on identity, society and self-expression.

This anthology aims to spark a deeper appreciation for spoken word and performance poetry among students in Malaysia and the wider region.

Other Imprints



Edible Waste

A Cookbook

Sunway University Young Chefs



Paperback (978-967-5492-96-9)
2024

E-book (978-629-7646-11-4)
2024

72pp | 165 mm (W) x 215 mm (H)
With full colour illustrations

Readership

Culinary students, chefs, general public

Subject Area

Sustainability, culinary arts, food

This award-winning collection of recipes showcases culinary practices utilising edible food waste. All ready to be easily reproduced in your home kitchen, this recipe book includes cookery classics and contemporaries—ranging from bread and butter pudding and curry puffs to salmon croquettes and voyage cakes. Divided into four sections, this book aims to inspire young chefs and families alike to begin a journey of exploring exciting foods created from “edible waste” before they reach the bin.

This book is the Winner of the Best Food Waste Cookbook and is the 3rd Best Digital Cookbook at the Gourmand World Cookbook Awards 2022.

Soon Pau Voon is an acclaimed chef who led the Malaysia Junior National Culinary Team to the IKA/Culinar Olympics in 2020, where they won gold at the Restaurant of Nations and silver in the IKA Buffet. He is currently a Teaching Fellow at Sunway University’s School of Hospitality and Service Management.

Sunway University Young Chefs is a group of students from Sunway’s School of Hospitality and Service Management, led by Chef Soon Pau Voon.

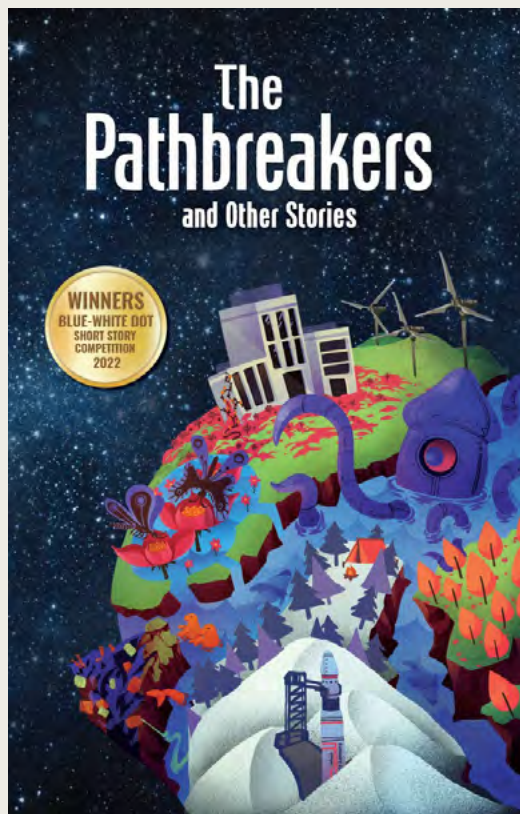
Winner of Best Food Waste Cookbook and 3rd Best Digital Cookbook at the Gourmand World Cookbook Awards



The Pathbreakers

And Other Stories

Guy Russell, Paul GnanaSelvam, Ksatria Baskara Prasetya, and others



Paperback (978-967-5492-92-1)
2024

E-book (978-967-5492-97-6)
2024

216pp | 153 mm (W) x 229 mm (H)

Readership

Young adults, educators, general public

Subject Area

Fiction, environmental fiction, sustainability



This book features the top 20 winning entries from the 2022 Blue-White Dot Short Story Writing Competition. Through storytelling, this competition hopes to inspire everyone to reimagine a world cultivated by the UN Sustainable Development Goals.

This collection of short stories will transport readers to various environmentally and climate-challenged universes, which include towering skyscrapers wreathed in vines, dugongs and a speaking ocean, and even the bone-chilling conditions in the Arctic.

Guy Russell was born in Chatham, UK, and has been a holiday courier, purchasing clerk, media analyst and fan-heater production operative. He currently works in Milton Keynes for the Open University. Guy has also published works under Bristol Books, Comma Press, and Arachne Press. He has published one poetry pamphlet, *Like Basically* (Dreich Press), and reviews for Tears in the Fence and its blog.

Paul GnanaSelvam is an Ipoh-born writer and poet whose work often focuses on the experiences, issues and identity conflicts of those in the Indian diaspora. Writing since 2006, he has published both locally and internationally in anthologies, literary journals and e-magazines. His first collection of short stories *Latha's Christmas & Other Stories* was published in 2013, while *The Elephant Trophy & Other Stories* was published by Penguin Random House, SEA in 2021. He currently lectures at Universiti Teknologi MARA (Perak Campus), Malaysia.

Ksatria Baskara Prasetya currently studies IBDP—that's pre-university—at Fairview International School. He hopes to be an engineer, but when he gets inspired, he likes to write! Authors like Isaac Asimov, Orson Scott Card, and Cixin Liu serve as his guides. That is, Ksatria writes to change minds. So, when his chemistry teacher told him about this competition, he was prepared!

Other Authors within the collection:

Ntebeti Ntini, Mulki Ahmed, Ivan Kwok, Aqil Rifqi, Aneeta Sundararaj, Katy Wimhurst, Mohammad Ismim Putera, John Mark G Parlingayan, Sam Philip Stenström, Ferryn Foong, Stephen T Homer, Edwin Kee, Fadzlishah Rosli, Yap Li Tyng, Ryoka Tanoi, Iram Moazzam, Matthew Yap

Mending Hearts

Healing from Separation and Loss, a Collection of True Stories

edited by Mengzhen Lim, Grace Yap



Paperback (978-967-5492-66-2)
2022

E-book (978-967-5492-70-9)
2022

184pp | 165 mm (W) x 215 mm (H)
With full colour photography

Readership

General public, young adults, students

Subject Area

Relationships, family, emotions, psychology



This book is an edited collection of 143 true stories and photos from students and members of the general public of many ages and backgrounds, compiled and displayed at Sunway University's hit Breakup Exhibitions. Share in the experiences of these heartfelt real-life accounts, each telling the end of a relationship—be it in romance, friendship, or family.

These stories help normalise breakups and inspire readers to move forward and find their way back to healing and happiness.

Mengzhen Lim is a former Lecturer of Psychology at Sunway University's Department of Psychology. He graduated with an MSc in Social Psychology from University Putra Malaysia. His works have been featured in *Malaysiakini*, *The Star*, *Free Malaysia Today*, *The Malaysian Insight*, *Sin Chew Daily*, and others. He has also appeared on Astro Awani to speak about mental health-related issues. He currently lives in Tokyo, researching romantic relationships.

Dr Grace Yap has been a professional counsellor since the 1990s, after completing her Masters from the United States. She graduated with a PhD in Psychology from Monash University and previously taught at Universiti Tunku Abdul Rahman. She is currently a health psychology and lecturer-researcher at Sunway University's Department of Psychology.

Praise for Mending Hearts

"Mending Hearts helps assure readers that they are not alone ... and reassures readers that they too will live to tell their stories and bring comfort to others ..."

Hannah Yeoh

MP for Segambut, Malaysia; former Deputy Minister for Women, Family, and Community Development

"These real stories of love, hope, pain, grief, trauma, letting go, moving on, and growth ... are very powerful ..."

Kenny Lim

Executive Director, Befrienders Kuala Lumpur

"Each page a different experience. Each page a different memory ... I was tempted to steal some ideas, but I think Mending Hearts stole my heart instead ..."

Kabir Bhatia

Filmmaker, *Cinta and Pulang*

Tired 2 Hired

75 Practical Hacks to Get Your Dream Job

Manik Rege



Paperback (978-967-5492-99-0)
2024

E-book (978-629-7646-05-3)
2024

160pp | 205 mm (W) X 255 mm (H)

Readership

Jobseekers, fresh graduates

Subject Area

Career guidance, employment

This book is a no-frills, hands-on career guidebook that helps readers navigate the job-hunting process from start to end and secure a coveted job. Through practical “lifehack” tips and real-life examples, the book empowers young job seekers and fresh graduates to enter the job market with confidence and stand out from the competition.

This book offers tips on how to:

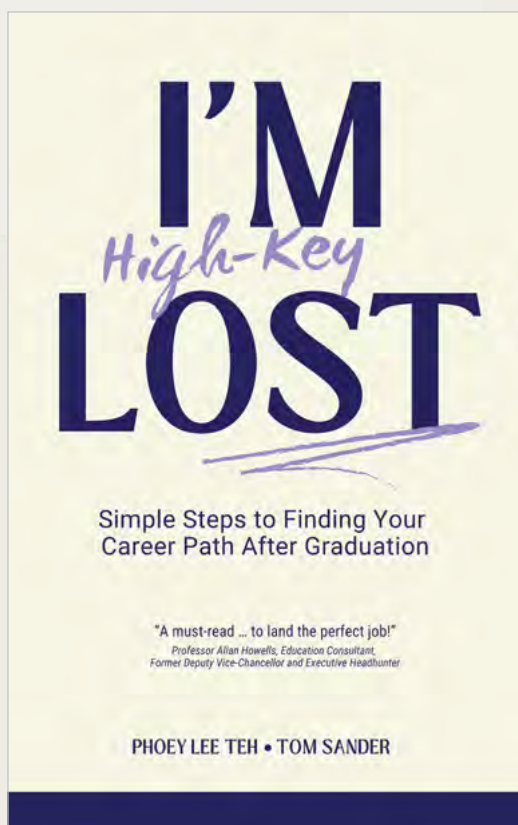
- Target and get noticed by the best companies
- Craft an outstanding CV, portfolio and cover letter
- Answer tricky job interview questions confidently
- Negotiate salary effectively
- Protect careers against disasters like the COVID-19 pandemic

Manik Rege is a communications enthusiast who has worked with big brands in the Asia-Pacific region. His dream is to use marketing skills to help millions of youngsters build their personal brands and dream careers.

I'm High-Key Lost

Simple Steps to Finding Your Career Path After Graduation

Phoey Lee Teh, Tom Sander



Just graduated, but not sure what to do next? Feeling low-key overwhelmed by all the potentially life-changing choices you are faced with? Or maybe outright high-key lost with no idea where to begin? Take the easy way out and start here!

This book is a quick and easy guide that covers the short and sweet basics to help you begin figuring out your career path. It is packed with easily digestible answers to the most pressing questions about finding your professional calling. There are no long-winded lectures or complicated assessments here, just the bare essentials to help you get started.

Phoey Lee Teh is an academic with over 19 years of experience. She is passionately committed to ensuring that her students find their best career paths after graduation. She is currently a lecturer and academic at Wrexham Glyndwr University, Wales.

Tom Sander is a senior recruiter with over 15 years of experience working in-house and with agencies, and has published over 40 papers on recruitment-related subjects. He is currently working in-house with NDT Global, and also teaches at IU International University of Applied Sciences in Mannheim, Germany.

Paperback (978-967-5492-82-2)
2023

E-book (978-967-5492-90-7)
2023

144pp | 140 mm (W) x 216 mm (H)

Readership

General public, young adults

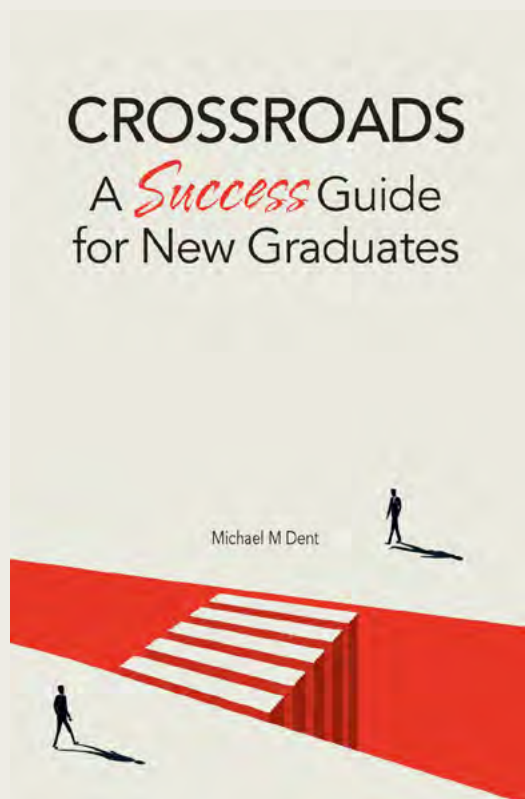
Subject Area

Career guidance, self-discovery

Crossroads

A Success Guide for New Graduates

Michael M Dent



This book features the lessons, revelations and even the myths when one steps into the landscape between academia and career exploration. Through a series of personal recollections and anecdotes, this book highlights the author's extensive experience over the years, providing captivating yet philosophical angles or even questions on various topics such as education, life, and career.

Michael M Dent was a Professorial Teaching Fellow at the Department of Marketing Strategy and Innovation at Sunway University, Malaysia. He transitioned from a career in the service sector, particularly tourism and logistics, to academia in 2007 to broaden his horizons. With expertise in strategic marketing, international project management, team building, and cross-cultural communication, he obtained pedagogical skills during his MPhil at London Business School and taught Marketing Management at various universities globally.

Paperback (978-629-7646-09-1)

2024

E-book (978-629-7646-12-1)

2024

144pp | 140 mm (W) x 216 mm (H)

Readership

Students, educators, jobseekers

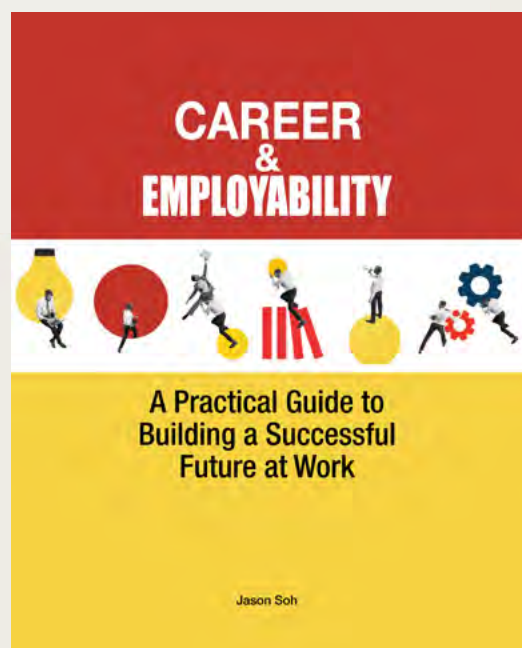
Subject Area

Career guidance, employment, postgraduate studies

Career & Employability

A Practical Guide to Building a Successful Future at Work

Jason Soh



This book is tailored for students in university preparatory programmes keen on gaining the necessary knowledge and skills to secure and sustain a successful future career. It comprises key career and employability topics with concise notes and application exercises to help students identify strategic career pathways and opportunities. The book's hands-on approach serves as an easy guide to developing and improving job prospects in a rapidly evolving modern society and globalised world.

Jason Soh has over 10 years of experience teaching Accounting and Finance, and Career and Enterprise subjects. He is currently a senior lecturer in the Australian Matriculation programme at Sunway College, Malaysia.

Paperback (978-967-5492-68-6)
2023

E-book (978-967-5492-87-7)
2023

128pp | 205 mm (W) x 255 mm (H)

Readership

Students, jobseekers, educators

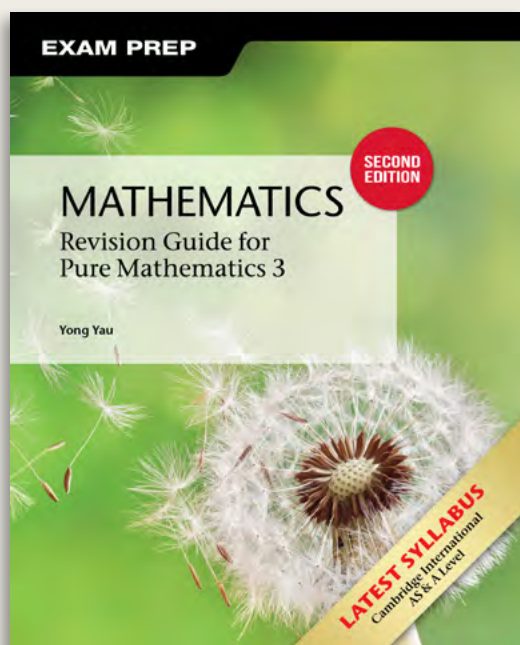
Subject Area

Career guidance, employment

Mathematics

Revision Guide for Pure Mathematics 3 (2nd Edition)

Yong Yau



Paperback (978-967-5492-86-0)
2023

E-book (978-967-5492-89-1)
2023

328pp | 205 mm (W) x 255 mm (H)

Readership

A Level students & educators

Subject Area

A Level, mathematics, education

This book is a study guide suitable for students undertaking the Pure Mathematics 3 component of Cambridge International AS and A Level Mathematics (9709). This book provides in-depth coverage of the latest syllabus and serves to help students prepare for examination more effectively.

Key features:

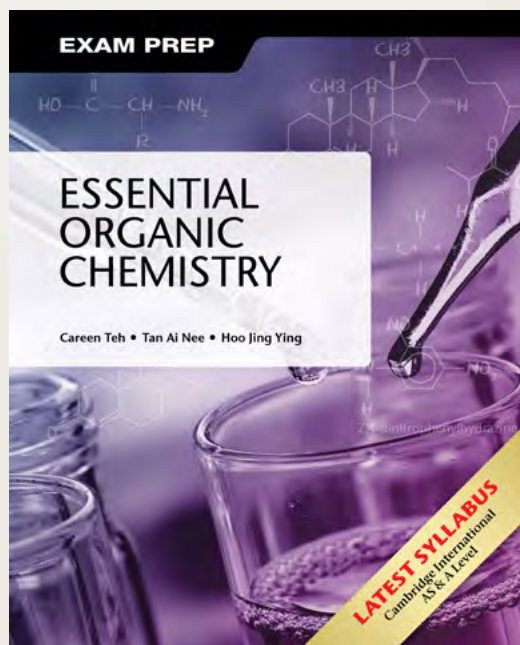
- Past examination questions
- Step-by-step worked examples
- Alternative methods to finding a solution
- Useful study tips and notes
- Insights from seasoned and award-winning lecturers

Yong Yau has taught Mathematics and Further Mathematics at pre-university level for 45 years. An experienced trainer and examiner, he is Master Teacher, Principal Lecturer and Head of the A Level Mathematics/Further Mathematics department at Sunway College, Malaysia.

***Exam Prep is a series of guidebooks specially tailored for students undertaking examinations at the pre-university level**

Essential Organic Chemistry

Careen Teh, Tan Ai Nee, Hoo Jing Ying



Paperback (978-967-5492-81-5)
2023

E-book (978-967-5492-93-8)
2023

248pp | 205 mm (W) x 255 mm (H)

Readership

A Level students & educators

Subject Area

A Level, Organic Chemistry, education

This book is a study guide covering the relevant topics in the latest syllabus of Cambridge International AS and A Level Chemistry (9701). It is illustrative and concisely written with over 60 questions reproduced from Cambridge's past examinations, each accompanied with a detailed approach to answering them, to help students excel in examination.

Careen Teh is a Senior Lecturer of A Level Chemistry at Sunway College, Malaysia and is an examiner for Cambridge Assessment International Education. She has over 30 years of teaching experience.

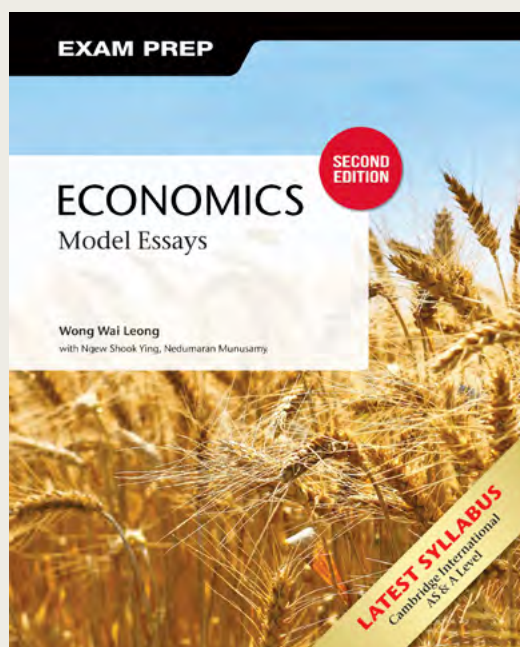
Tan Ai Nee is a Lecturer of A Level Chemistry at Sunway College, Malaysia. She holds a Masters in Analytical and Instrumental Chemistry, and has over 15 years of teaching experience.

Hoo Jing Ying is a Lecturer of A Level Chemistry at Sunway College, Malaysia and is an examiner for Cambridge Assessment International Education. She has over 7 years of teaching experience.

***Exam Prep is a series of guidebooks specially tailored for students undertaking examinations at the pre-university level**

Economics Model Essays (Second Edition)

Wong Wai Leong (with Ngew Shook Ying & Nedumaran Munusamy)



Paperback (978-967-5492-78-5)
2023

E-book (978-967-5492-88-4)
2023

312pp | 205 mm (W) x 255 mm (H)

Readership

A Level students & educators

Subject Area

A Level, Economics, education

This is the second edition of the revision guide that prepares students for Paper 2 and Paper 4 of the Cambridge International AS and A Level Economics (9708) examination. The model essays are specially written as answers to selected past-year questions, and are supported with essay outlines and notes on how to successfully compose convincing essays.

Key features:

- Past examination questions
- Tips on essay writing and blunders to avoid
- Helpful step-by-step essay outlines
- Easy-to-understand charts and diagrams of key economic concepts
- Model essays written by an experienced lecturer and reviewed by a Cambridge examiner

Wong Wai Leong is an Economics lecturer at Sunway College, Malaysia, with more than 25 years of teaching experience. His students have won Cambridge Top in the World and Top in Malaysia awards in A Level Economics.

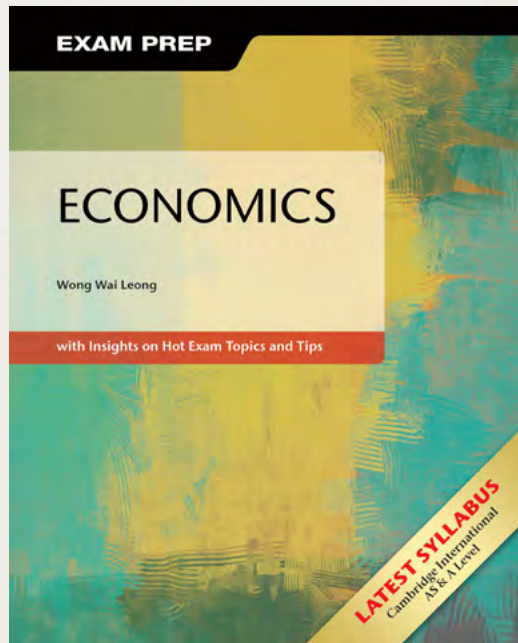
Ngew Shook Ying has taught IGCSE and A Level Economics for 10 years. She currently teaches A Level Economics at Sunway College and is an examiner for Cambridge Assessment International Education.

Nedumaran Munusamy has 15 years of teaching experience and is Head of the A Level Economics department at Sunway College.

***Exam Prep is a series of guidebooks specially tailored for students undertaking examinations at the pre-university level**

Economics

Wong Wai Leong



Paperback (978-967-5492-91-4)
2024

Paperback (978-967-5492-98-3)
2024

384pp | 205 mm (W) x 255 mm (H)

Readership

A Level students & educators

Subject Area

A Level, Economics, education

This is an examination-focused coursebook designed to support students in their understanding of the Cambridge International AS & A Level Economics (9708) topics. It provides in-depth coverage of the latest syllabus and features insights and tips that can help students advance through their studies and examinations with confidence.

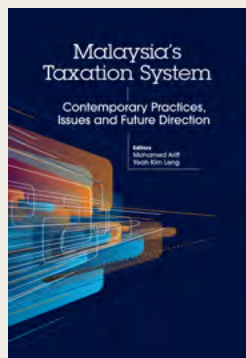
Key features:

- Past examination questions
- Frequently tested examination topics
- Must-know points on tackling examination questions and blunders to avoid
- Review questions to reinforce learning
- Easy-to-understand charts and diagrams of key economic concepts
- Real-life application of economic concepts to scenarios and world events to give answers an edge during examination

Wong Wai Leong is an Economics lecturer at Sunway College, Malaysia, with more than 25 years of teaching experience. His students have won Cambridge Top in the World and Top in Malaysia awards in A Level Economics.

***Exam Prep is a series of guidebooks specially tailored for students undertaking examinations at the pre-university level**

Previously Published

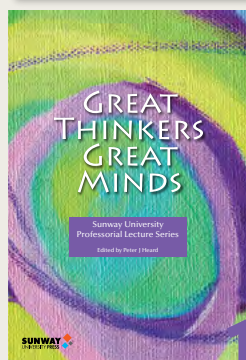


Hardback (978-967-13697-9-1) | 2020
312pp | 153 mm (W) x 229 mm (H)

Malaysia's Taxation System **Contemporary Practices, Issues and Future Direction**

edited by Mohamed Ariff, Yeah Kim Leng

A clear and concise analysis of Malaysia's taxation system, its origin, and its adaptation to changing economic and social conditions.

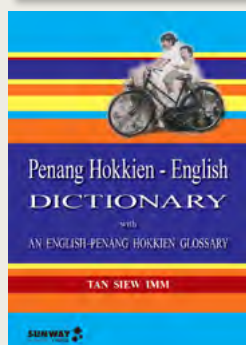


Hardback (978-967-13697-4-6) | 2018
312pp | 153 mm (W) x 229 mm (H)

Great Thinkers, Great Minds **Sunway University Professorial Lecture Series**

edited by Peter J Heard

A selection of papers from Sunway University's Professorial Lecture Series held between 2014 and 2016.

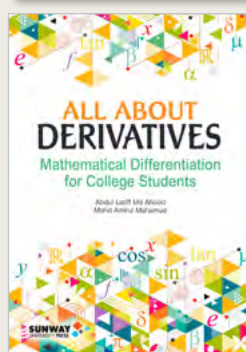


Paperback (978-967-13697-1-5) | 2016
526pp | 148 mm (W) x 210 mm (H)

Penang Hokkien-English Dictionary **with an English-Penang Hokkien Glossary**

Tan Siew Imm

A user-friendly lexicon for both native speakers and learners of the Penang Hokkien language

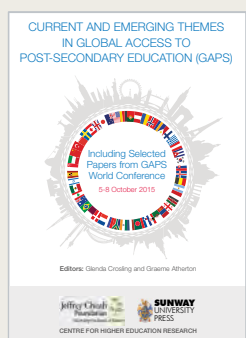


Paperback (978-967-13697-3-9) | 2018
136pp | 148 mm (W) x 210 mm (H)

All About Derivatives **Mathematical Differentiation for College Students**

Abdul Latiff Md Ahood, Mohd Amirul Mahamud

A compact, practical handbook for college students on mathematical differentiation.



Paperback (978-1-78560-899-5) | 2017
184pp | 174 mm (W) x 241 mm (H)

Current and Emerging Themes in Global Access to Post-Secondary Education (GAPS)

edited by Glenda Crosling, Graeme Atherton

A selection of papers from the 2015 Global Access to Post-Secondary Education World Conference.



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